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Vol. 14, No. 37

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 18, 2015

Shell Point Announces 2015-16 Concert Series

Shell Point Retirement Community has announced its 2015-16 Concert Series, which brings a variety of local and international performers to Shell Point's campus in three distinct musical series: Fine and Performing Arts, Concerts and Conversations, and the Southwest Florida Symphony.

"Once again, we are proud to present another exciting season of cultural excellence, featuring a wonderful array of talented performers guaranteed to please," said Dawn Boren, Shell Point director of Resident Life.

This season's Fine and Performing Arts lineup brings culturally expressive and talented musical and dance ensembles to the recently renovated Village Church Auditorium. It will include:

- National Dance Company of Siberia – Friday, continued on page 17



The National Dance Company of Siberia



Duke Ellington Orchestra

photos courtesy of Shell Point Retirement Community



"Ding" Darling NWR wants "every kid at the refuge"

'Ding' Darling Issues Free Passes For Fourth Graders And Families

As part of President Barack Obama's recently announced Every Kid In A Park initiative, JN "Ding" Darling National Wildlife Refuge on Sanibel Island is participating by issuing free annual passes to any fourth grade student and home-school equivalent. The passes are valid through August 2016 at any national wildlife refuge, national park or forest, and other federal land for every fourth grader with a pass, accompanying siblings up to age 15, and up to three accompanying adults.

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Register Now For Annual Cops & Joggers 5K Race

As the 8th annual Cops & Joggers 5K race approaches, the Fort Myers Police Department encourages participating joggers to register early.

Beginning at 7:45 p.m. on Saturday, October 10, the 3.1-mile run begins and ends at Centennial Park and will cross the Edison Bridge. The early registration fee is \$20 per adult and \$15 per youth, 17 years old or younger, on or before October 8. Fees increase to \$25 per person for all participants on October 9 and \$30 per person for all participants on October 10. The first 700 registered participants are guaranteed an event goodie bag and T-shirt. Participating joggers may obtain more information and register online with the Fort Myers Track Club at www.ftmyerstrackclub.com.

"We're excited to see our large crowd of supporters in their best neon attire ready to 'run from the cops,' as we hope to reach our goal of 1,000 registered participants this year," said Lt. Jeffrey Bernice of the FMPD. "We encourage families and community groups, including organizations and clubs, to register early and help make that goal possible. As always, participants are running for the memories and honor of these fallen

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The starting line of the Cops & Joggers race in 2013



Junior League of Fort Myers' Taste of the Town 2013

Taste Of The Town Signup Extended

The Junior League of Fort Myers, is extending the deadline for restaurants to sign up for its 33rd annual Taste of the Town.

Thirty-five restaurants have already signed up for this year's event, which will once again be held at JetBlue Park, the Boston Red Sox 106-acre spring training and player development complex located at 11500 Fenway South Drive in Fort Myers, on Sunday, November 1.

The Junior League's Taste of the Town is Southwest Florida's original "taste" event and one of the largest outdoor food and entertainment festivals. The 2014 event attracted nearly 15,000 attendees.

Funds from this one-day annual event benefit the JLFM, whose volunteer mission provides thousands of dollars annually in volunteer services and donations to programs supporting women and children in the region including the Junior League's national program, Kids in the Kitchen, to help fight childhood obesity, the ongoing work with at-risk girls in the juvenile justice system, as well as work throughout the community

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Historic Downtown Fort Myers, Then And Now:

Café Of Two Names



by Gerri Reaves, PhD

When the Vasiloff brothers came to Fort Myers in late 1912 or early 1913, it was a good time to begin careers as restaurateurs. The 19-teens boom was in the air. The State of Florida had officially reincorporated the town as a city in May 1911, a change in status justified by the town's economic prosperity and growth. Charles Vasiloff had fulfilled his dream of immigrating to the U.S. in October 1912, with the sponsorship and financial assistance of his older brother Angelos "Angie," who had preceded him, according to Mary Vasiloff Murphy, who wrote about the brothers in her family history *Remembering Charles: A Hail-*

Fellow. After Angelos explored various Florida locations, the brothers decided on Fort Myers as the place to settle and establish a business. Angelos rented one of the new storefronts in Tonnelier Court (today's Patio de Leon), which was still under construction. That restaurant, pictured in the historic photo, was near the Court Theatre and was one of several commercial spaces along the west side of the court entrance from Main Street (then called Oak Street). The business was named the Busy Bee Café, but became known as the Court Restaurant because of the court and the theater's names. Note the name "Court Restaurant" at the top of the sign. Pictured (left to right) are an unidentified waiter, Angelos, Charles and two unidentified kitchen staff members. Note the hanging globe light with "EAT" written on it and sign in the window (left) advertising Orange Crush.



Brothers Angelos and Charles Vasiloff opened the Busy Bee Café in Tonnelier Court (today's Patio de Leon) in late 1912 or early 1913. Anglos, wearing a bowtie, stands center, with Charles on the other side of the sign. The woman and two men (rt), a waiter and kitchen staff, respectively, are unidentified.

courtesy Southwest Florida Historical Society



The section of Tonnelier Court where the Busy Bee Café (aka Court Restaurant) stood was demolished decades ago

photo by Gerri Reaves

The restaurant was successful, no doubt due to good food and service, as well as the location next to a popular motion-picture theater, something of a novelty at the time. The sign advertises "regular dinners" for 35 cents, home-made pies, and "all kinds of sandwiches and short order" at "all hours." The café was open every day from 6 a.m. until midnight. Angelos was the cook and baker, a daunting job, since the restaurant baked not only its own pies, but bread, biscuits, muffins, rolls and cobblers, too. The brothers put an emphasis on treating all customers with respect and dignity. People who were hungry and without funds were not turned away. Part of Angelos's plan was to teach the restaurant business to his younger brother, who was only 18 or 19 when they started out. And that turned out to be prudent, for Charles was eventually left to run the restaurant on his own while Angelos did military service during World War I. Around 1919 and after WWI, the café moved to the west side of Hendry Street in a storefront in the Leon Building just south of First. At that time, the original name, Busy Bee Café, was revived and prevailed. Charles then left the café and tackled a new venture; he went to Naples and built the Bay Shore Hotel in financial partnership with his brother in 1921. However, he sold the hotel the following year, returned to Fort Myers, and became a partner in the Poinsettia Café in the Earnhardt Block. He died in 1926 at the age of only 32. Angelos sold the second Busy Bee in 1928, and it closed soon after that. He went on to have a major influence on restaurant history in Fort Myers, partly by training men who went on to open their own restaurants. He also became a partner in the popular Poinsettia Café, and in 1929 until 1954 a partner in the Fort Myers Café at Main and Broadway. The structure where the Vasiloff brothers started their first restaurant and worked like "busy bees" was demolished long ago, but their entrepreneurial spirit lives on in today's downtown. Stroll through Patio de Leon and imagine a time when it was possible to enjoy both a movie and fine dinner right there.

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Fort Myers Art:

Jansen Among Select Americans At CityLeaks 2015



by Tom Hall

Fort Myers artist Marcus Jansen is among just a handful of American artists invited to participate in CityLeaks 2015, an urban art festival taking place in Cologne, Germany September 1 to 20.

CityLeaks is one of the leading urban art festivals in the world today. At this year's festival, participating artists have created installations of large-scale murals and sculptures in public spaces in the Mulheim region of Cologne, Germany. Complementary to these projects, CityLeaks is also presenting an indoor exhibition under the theme of "the city does not exist" that raises questions about how spatial, social and emotional structures influence behavioral patterns. "The exhibiting artists play with the characteristics and roles of spatial diversity, which form the urban cosmos," state the organizers. "Their work is as diverse as the urban space and the people inhabiting it." More than 30 local and international artists from



Fort Myers artist Marcus Jansen at the Baker Museum in Naples last year

many different backgrounds (including painting, sculpture, photography, video, performance art and installation art) are taking part in the exhibition.

As the works included in the exhibition underscore, urban art is a flexible and encompassing discipline. Neo-expressionism, neo-concretism, pop art, concept art, Fluxus and surrealism all find themselves at the intersection of contemporary urban art, and through its festivals, CityLeaks seeks to highlight breaking developments, various trends

and new media in addition to established styles and techniques typically associated with urban art.

Jansen is an internationally-renowned award-winning painter whose work can be found in the permanent collections of the New Britain Museum of American Art, The Moscow Museum of Modern Art (MMOMA), the Housatonic Museum of Art, the Kemper Museum of Art and the Smithsonian Institution in Washington, DC. Like artists Andy Warhol, Damien Hirst and Keith Haring before

him, Jansen's commissions include Absolut Vodka as well as Warner Brothers and FIFA. "From Robert Henri, Willem de Kooning and Arshile Gorky to Jean-Michel Basquiat, Jansen is an American, or better a New Yorker, to the marrow," states Milan, Italy art critic Paolo Manazza. "I think he represents, together with British artists Cecily Brown and Peter Doig, the best part of the great contemporary art that is rising in terms of criticism, audience."

Over the past decade, Jansen has participated in numerous international exhibitions, art fairs and festivals and is in the early stages of a two-year international museum tour. He will also be the subject of a documentary titled *Examine and Report*, which is due out in November, as well as a monograph containing over 120 works completed by Jansen between 2005 and 2015 which is being published in December by the booSKIRA Editore publishing company in Milan, Italy, one of the most respected art book publishers in the world.

For more information, visit www.unitaspace.com or contact Amanda Plummer at amadaunitaspace@gmail.com.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱

Hart Becomes First Vice President Of Florida Tax Collectors Association

The Lee County Tax Collector, Larry Hart, has been named as first vice president of the Florida Tax Collectors Association, Inc. for the coming year. Serving as a member of the executive committee for FTCA, Inc., Hart's duties will include strategic planning for the association as well as oversight of public information.

The officers each took their oath to serve the association and the constituents of Florida in Orlando on September 2 while attending the annual fall education forum.

Hart is honored to lead the association, welcoming the opportunities to work in partnership with state agencies providing services to Florida's citizens.✱



Larry Hart

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Cops & Joggers 5K Race

warriors who have made the ultimate sacrifice.”

Benefiting fallen first responders, this year's event will take place during the evening hours with the glow of first responders' lights lining the race path. The family event will also include food vendors, music, emergency equipment displays, and a children's fun area with bounce houses, a dunk tank, SWAT obstacle courses and more.

Top sponsors for the 8th annual event include Cintas Corporation, JetBlue Airways and Survival Armor. Additional sponsors include Chico's FAS, Inc., Edison National Bank, Florida Security & Firearms Training, Inc., Good Deals Appliances, Mission BBQ, Scanlon Auto Group, State Farm Insurance, Suncoast Beverage, Papa John's Pizza, Zaxby's and more.

This year's race committee will be presenting the top three runners and walkers in their age group with new custom-made Cops & Joggers race medals, which will feature the front of a police car with emergency lights that flash.

The Fort Myers Cops & Joggers 5K was established in 2008 to assist the family of Officer Andrew Widman who was shot and killed in the line of duty on July 18, 2008. Proceeds from the event now benefit the FMPD Fallen Officers Memorial Fund and The Brotherhood Ride, nonprofit organizations that aid the families of first responders who have been injured or killed in the line of duty, including law enforcement officers, firefighters and emergency medical personnel.

For more information about the event, contact Lt. Bernice at 321-7698 or jbernice@fmpolice.com.



Junior League of Fort Myers' Taste of the Town event in 2013

From page 1

Taste Of The Town

in partnership with many organizations through the JLFM's Helping Hands program, which provides volunteer womanpower to organizations such as Big Brothers Big Sisters, the Abuse Counseling & Treatment Shelter, Early Learning Coalition, the Supporting Independent Young Adults organization and many more.

Last year's event raised the second highest tally in the history of the event, bringing in \$133,000.

According to JLFM Taste of the Town Chairs Karen Hutto and Shirley Snyder McLaren, interested restaurants and vendors have until Thursday, October 1 to reserve a spot at this year's event by calling 277-1197 or emailing totrestaurants@jlfm.org. Space is limited.

Restaurants that have already committed for the 2015 event include Artisan Gelato by Norman Love, Bahama Breeze – GMRI, Inc., Ben & Jerry's Ice Cream,

Bice Grand Café, The Bubble Room, Burger 21, BurgerQue, Cabana's Beach Bar & Grille, Connor's Steak & Seafood, Cru, Dixie Fish Co., Doc Ford's Rum Bar & Grille, Edible Arrangements, Fathoms Restaurant & Bar, Fort Myers Ale House, Gulf Coast Fudge Co., Iguana Mia, Kona Ice, LongHorn Steakhouse, Marker 92, Matanzas on the Bay, Moe's Southwest Grill, Papa Murphy's Pizza, Parrot Key Caribbean Grill & Bar, Pho Vinh, Pinchers Crab Shack, Reuben's Smokehouse & Catering, Rosalia & Ashley's Zepoles, Ruth's Chris Steak House, Stevie Tomato's Sports Page, Ted's Montana Grill, Texas Tony's BBQ Shack and The Melting Pot.

Scanlon Auto Group is the title sponsor for the Taste of the Town for 2015 and 2016 in honor of the JLFM's 50th anniversary.

For more information about Taste of the Town, call 277-1197 or email tasteofthetown@jlfm.org. For ongoing updates, visit www.jlfmtaste.com.

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League Of Women Voters Meeting

The League of Women Voters of Lee County will conduct an educational meeting featuring the topic The Alzheimer Epidemic in Southwest Florida. The meeting will be held on Saturday, October 3 from 9 to 11 a.m. at The Landings Yacht and Tennis Club at the Helm Club, 4420 Flagship Drive in Fort Myers.



Dr. Frederick W. Schaerf

The guest speaker at the meeting will be Dr. Frederick W. Schaerf of the Neuropsychiatric Research Center of Southwest Florida. He will be discussing Southwest Florida's growing Alzheimer's epidemic, including what we need to know and do to address this growing health crisis. Dr. Schaerf came to Fort Myers, Florida to practice Neuropsychiatry in 1989, after serving as the Chief Resident in Psychiatry at Johns Hopkins University. He has a PhD in Reproductive Endocrinology (1980) and an MD (1983) from the University of Maryland.

According to the State of Florida's Department of Elder Affairs, "In the state of Florida there are 500,000 individuals living with AD. By 2020, it is anticipated that 580,000 individuals will be living with AD. Nearly 12 percent of Florida senior population has been diagnosed with AD. Many Alzheimer's patients require care 24 hours a day, especially in the late stages of the disease."

For those who are interested, there is also an optional breakfast for \$15 per person. Reservations for the free program and for the continental breakfast can be made at lwlee.org or by calling 278-1032. The deadline for registration is September 30.

Airport Reports July Traffic Down

During July, 492,114 passengers traveled through Southwest Florida International Airport, a decrease of 0.9 percent compared to July 2014. Year-to-date, passenger traffic is up 3.9 percent from the same period last year.

The traffic leader in July was Delta with 118,528 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (107,929), JetBlue (61,792), US Airways (47,331) and American (38,021).

Southwest Florida International Airport had 4,585 aircraft movements (takeoffs

and landings), a decrease of 1.6 percent compared to July 2014. Page Field saw 6,472 movements, a 12.4 percent decrease from July 2014. In addition, nearly 2.6 million pounds of air freight moved through Southwest Florida International Airport in July 2015, an increase of 2 percent compared to July 2014.

Lee Republican Women Meeting

The Lee Republican Women Federated next dinner meeting will be held on Monday, October 12 at Pinchers – The Marina at Edison Ford, 2360 West 1st Street in Fort Myers. The event will begin at 5:15 p.m. with a social hour, with dinner and the program to follow.

October's program will feature guest speaker KrisAnne Hall, Constitutional attorney, author, speaker and radio host.

Cost to attend the dinner and program is \$25. As always, all members of the public are invited to attend.

Reservations can be made by visiting <http://leerepublicanwomen.com/event>, by emailing rmh738@aol.com or by calling 432-9389.



KrisAnne Hall

Greeters Club Luncheon

The Greeters Club of Greater Fort Myers holds its luncheon meeting on the third Thursday of every month at the Colonial Country Club, located at 9181 Independence Way in Fort Myers starting at 11:30 a.m.

The club will welcome an exciting guest to their October 15 luncheon. Margaret Roche, accomplished member of both English and American theatre groups, will engage us with her one-women presentation entitled "Unmentionables," a look "under" the dresses worn by fashionable ladies circa the late 1890's and early 1900's. The gift of a pair of knickers from an English friend piqued her interest. Roche will share her collection of vintage lingerie and garments with us... think of it as a "Retro Victoria's Secret Runway Show!"

Admission is \$20 per person. Make a luncheon reservation and find out more about joining this dynamic group of Lee County women. Send an email to greetersclub@gmail.com and provide your contact information (your name, email address and phone number). You will receive a call confirming your reservation as well as an email confirmation.

Visit greetersclubofgreaterfortmyers.com for additional information.

Artist Presents Rauschenberg Tribute At FSW



Poster for the Wayne White documentary *Beauty Is Embarrassing*
photos by Jeff Lysiak

by Jeff Lysiak

Internationally-acclaimed artist Wayne White is currently exhibiting a one-man exhibition of watercolor paintings, drawings and collages at the Bob Rauschenberg Gallery, located on the campus of Florida SouthWestern State College, on display through November 7.

The site-specific installation, Wayne White: Here Comes Mr. Know-It-All, opened last week with a special reception which featured a 14-foot tall puppet sculpture of the late, great Captiva Island artist Robert Rauschenberg.

"This will be the first puppet I've made in Florida that will actually make a painting and a sculpture," White said last week, days before the opening



Artist and puppeteer Wayne White stands next to what will become a 14-foot representation of the late, great artist Robert Rauschenberg for a performance held last week at Florida SouthWestern State College

of the exhibit. "I grew up a big fan of Rauschenberg the artist. In fact, the first modern art exhibition I ever went to was back in 1977 at the Museum of Modern Art in New York City which featured his work. It made a huge impression on me."

Considered a modern day Renaissance man, given his vast variety of talents – fine artist, cartoonist, illustrator, puppeteer, writer as well as production and set designer – White won three Emmy Awards for his set designs and puppeteering on the popular children's TV program *Pee-wee's Playhouse*. He also garnered an MTV Video Music Award in 1996 for Best Art Direction for his work on *The Smashing Pumpkins' video Tonight*,

allow us to continue our role of inspiring and educating visitors of all ages about the wonders of nature, the earth and space sciences.

The Calusa Nature Center is located at 3450 Ortiz Avenue in Fort Myers. Call 275-3435 for more information.*

Haunted Walk, Friendly Forest At Nature Center

Calusa Nature Center & Planetarium will be holding its 31st annual Haunted Walk on October 16, 17 and 23 through 31. Ticket sales will be open from 7 until 9 p.m. (on weekends, the seasonal attraction may stay open longer if demand persists). Admission is \$10 per person (regardless of age). The attraction is not recommended for anyone under the age of 16.

The Calusa Nature Center will also be holding their annual Friendly Forest on October 24 and 25 from 11 a.m. until 4 p.m. Free with regular admission price (\$10 for adults and \$5 for children under 12).

Proceeds will benefit all facets of the Calusa Nature Center & Planetarium and

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Wayne White creates another element of the Rauschenberg puppet sculpture

Tonight and a 1987 Billboard Magazine award for Best Art Direction for his work on Peter Gabriel's landmark music video *Big Time*.

In 2013, White – along with his writer/cartoonist wife, Mimi Pond – spent a month living at Rauschenberg's Captiva estate, an experience which greatly influenced and inspired the artist.

"During my residency (with the Robert Rauschenberg Foundation), I reacted to the landscape and atmosphere of the islands," said White. "There is so much beauty here in Florida, and I was inspired by the colors of the water, which was reflected in my work done there... I think I completed 40 paintings during that month. I learned a lot about the artist (Rauschenberg) just being there, too."

Since that time, White has spent much of his time traveling to art museums and galleries across the country, participating in art installations and special events – including parades, which have featured his larger-than-life iconic puppets – in cities including Los Angeles and Laguna Beach, California; Oklahoma City, Oklahoma; Shreveport, Louisiana; Fort Lauderdale; and Key West, Florida.

"I created a puppet of Napoleon Bonaparte Broward, the former governor of Florida, which is now on display at the Fort Lauderdale/Hollywood International Airport," noted White, who added with a smirk, "It's featured near the baggage



One of Wayne White's untitled watercolor, acrylic and colored pencil on paper creations from his 2013 residency on Captiva claim."

While constructing the puppet he called "Cubist Robert Rauschenberg," White said that he was very impressed with the amount of space available at FSW's Bob Rauschenberg Gallery. "This is one of the nicest spaces I've shown in," he added. "It's a real honor to be in the proximity of his legacy... he's one of the true giants of the art world."

A humble giant himself, White was the subject of a feature-length documentary, *Beauty Is Embarrassing*, a 2011 film which critic Leonard Maltin called, "one of the most pleasurable moviegoing experiences I've had this year." Asked where the title of the movie was inspired by, White explained that it came from a title of one of his paintings.

"People have a hard time accepting beauty," he elaborated. "Even though we agree that something on the surface may be beautiful, deep down it may be difficult to accept. That's especially true in our culture, when we're always told that we shouldn't waste our time with 'pretty' things."

Wayne White: Here Comes Mr. Know-It-All will be on display at the Bob Rauschenberg Gallery, located on the campus of Florida SouthWestern State College, 8099 College Parkway in Fort Myers. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m. (closed Sundays and holidays). For more information, call 489-9313 or visit www.RauschenbergGallery.com.

"Robert Rauschenberg was one of the first sort of abstract artists that I really connected with," added White. "I want my art to communicate with people... plus I do like them to feel entertained."*

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The Calendar Girls

Calendar Girls Celebrate 10 Years

Local entertainers The Calendar Girls recently celebrated 10 years of creative musical theater. Whatever the theme, the ladies are able to create a unique customized song and dance performance.

For more information as to how the ladies can add a little sizzle to your next soiree, call Katherine at 850-6010 or visit www.calendargirlsflorida.com.✱

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Café

Then, walk a few more blocks to the Southwest Florida Museum of History at 2031 Jackson Street, where you can learn more about the patio's first businesses.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Read more about the Vasiloffs and other pioneering business people at the

Southwest Florida Historical Society's research center at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: *Remembering Charles: A Hail-Fellow* by Mary Vasiloff Murphy and the Archives of the Southwest Florida Historical Society.✱

The Calendar Girls Support CARES



CARES Suicide Prevention partnered with Dixie Roadhouse on September 6 to raise awareness for veterans in crisis and in need of support. Every 65 minutes, a veteran takes their life and we need to show them who CARES. The star spangled Calendar Girls performed to show their support of our veterans in crisis. For more information, visit www.calendargirlsflorida.com.

photo by Bill Floyd

Lake Kennedy Senior Center

Techniques Of Sewing

Join Joyce Strileckis, a master tailoress who designed garments for fashion shows all around the world and for many beauty queens, as she shares her 30 years of trade secrets and her love of sewing at this free meet-and-greet. This free event will be held on Wednesday, September 30 from 12:30 to 2 p.m.

Bring in your projects and get advice, learn new sewing techniques, as well as tips and trends in the industry. The holidays are fast approaching – get your projects ready for the season with this helpful program. Based on topic demands discussed at this event, another sewing workshop will be scheduled for

Strileckis to provide coaching for your ongoing sewing projects.

Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

Lake Kennedy Senior Center

Lunch & Learn

Join Elder Law attorney Amy McGarry on Wednesday, September 30 from 11:30 a.m. to 1 p.m. as she provides information and ask all of your questions regarding Medicaid and much more. If you have questions about what it takes to get qualified or how does Medicaid work for seniors, this program is for you.

Lunch will be provided by Amy from Publix Deli. While this valuable Lunch & Learn event is free, preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

Lake Kennedy Senior Center

Senior Boys Dinner Show

Are you ready for an evening filled with spectacular entertainment? Betty Dentzau's got a show for you! The Five Kennedy Boys will be performing a variety of songs from the 50's and 60's including your favorite songs of Neil Diamond, Tennessee Ernie Ford, country songs and much more on Friday, October 16. Doors open at 5:30 p.m.

The Kennedy Senior Boys performers are John Bruggeman, Joe Ortiz, Carl Megill, Gary Phreed and Stan Preston. Catered by Bob Evans, the dinner menu includes slow roasted turkey breast, mashed potatoes with gravy, green beans, rolls, beverages and dessert.

The cost for the dinner and show is \$20 per person. BYOB. Pre-registration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

HORTOONS



Rotary Clubs To Host 2nd Annual Hallowheels Event On October 3



Motorcycle on display

The Rotary clubs of Cape Coral Goldcoast, North Fort Myers and Cape Coral North have partnered to bring the 2nd annual Hallowheels event to the Southwest Florida community on Saturday, October 3 at 3 p.m. at the Sun Splash Family Water Park in Cape Coral.

The premier evening of motorcycles, hotrods and rock and roll will feature food, a wide variety of motorcycle, automotive clothing and merchandise vendors and displays, plus live musical performances by Pat Travers Band, Blackfoot, Maiden Cane and Swamp da Wamp. The opening act will begin at 4 p.m. A costume contest will also be held for a \$1,500 prize, sponsored by Roger Dean Chevrolet of Cape Coral.

The local Rotary clubs will donate a portion of the event proceeds to Meals of Hope to help package and deliver meals to those in need. The remainder will support local, and international giving programs for the Rotary clubs of Cape Coral Goldcoast, North Fort Myers and Cape Coral North. The inaugural Hallowheels event attracted thousands of attendees and raised approximately \$11,000 for community projects.



Attendees at last year's event



Hallowheels 2014

The Rotary clubs anticipate to double the attendance for the upcoming event.

Sponsors are 96K-Rock, Suncoast Beverage Sales, Lee County Insurance Agency and Budweiser. Tickets can be purchased at the gate for \$15 per person. Parking is included in admission. Food and drink will be available for purchase. Sun Splash Family Water Park is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 322-3999 or visit the website at www.HallowheelsEvent.com.✱



Limited Tickets Available For Law & Order Ball

Rotary Club of Fort Myers South announced that there are a limited number of tickets still available for the second annual Law & Order Ball to be held at 6 p.m. on Saturday, September 19 at Harborside Event Center in downtown Fort Myers.

This gala event recognizes the everyday heroes who keep our communities safe, including five finalists for the Officer of the Year award chosen from 18 worthy law enforcement officers nominated by six Lee County-area agencies. While securing their own spot at the event at www.lawandorderball.org, attendees are encouraged to consider underwriting the cost of a ticket for a deserving officer

with the Fund-A-Cop opportunity. All proceeds benefit the Rotary Club of Fort Myers South Foundation and Lee County law enforcement youth programs.

NBC-2 News Anchor Peter Busch will emcee the glittering evening, which features cocktails, hors d'oeuvres, dinner, raffles, a fabulous silent and live auction, music, dancing and lots of fun surprises. Attendees may bid on a wide array of auction packages during this annual celebration, from exquisite travel and beauty treatments, sports packages and wine, to adventure-filled experiences with Lee County Law Enforcement agencies. Enjoy an experience with the Cape Coral Police Department for two, including a ride-along experience with a patrol officer, lunch at Tarpon Point Marina a meet-and-greet with K-9 officers and much more. Sheriff Mike Scott is hosting an Undercover Extreme Experience including land and sea transportation. You can preview auction item packages at www.lawandorderball.org, click on buy tickets.

Tickets are \$150 per person and \$1,200 for a table of eight, and are available online at www.lawandorderball.org.

The highlight of the evening will be the presentation of the Officer of the Year Award to one special hero, who will receive a custom designed ring by Rotarian Mark Loren of Mark Loren Designs. Five finalists will be recognized: Staff Officer Darryl Aubuchon, Deputy Chris Meyer and Deputy Michael Zazwinsky (Lee County Sheriff's Office), Officer David Conticelli (Fort Myers Police Department) and Detective Patricia

Enterline (Cape Coral Police Department).

The finalists for Officer of the Year were selected in a blind judging process from nominations provided by their respective agencies based on their consistency in going above and beyond the call of duty, the totality of their contribution to the agency and/or community throughout the year, their service as a role model to others and other extraordinary actions.

Creighton Construction & Development, along with Ada's Natural Market, graciously returns as the Title Sponsor for the Law and Order Ball.

Rotary Club of Fort Myers South is also grateful to these generous sponsors: LeeSar, Survival Armor, Fort Myers News-Press, Edison National Bank, CONRIC PR & Marketing, The Eventful Company, Enterprise Holdings, NBC-2, Siesta Pebble Inc., Haven, CFS Roofing, FineMark Bank, Florida Gulf Coast University, HBKS Wealth Advisors, The Huff Insurance Agency, Jason's Deli, Kagan Law Firm, Mark Loren Designs, Rapid Print, Southern Wine and Spirits, TOTI Media, UBS, Wicked Dolphin, PepsiCo, Fort Myers Police Department and Armor Correctional Health.✱

Gulf Coast Writers Meeting

The next Gulf Coast Writers Association meeting will be held on Saturday, September 19 from 10 a.m. to noon at Zion Lutheran Church, 7401 Winkler Road in Fort Myers. The guest speaker will be Jodi Cohen talking about the subject Improvisation For Writing.

Cohen has been performing and teaching improvisation since the late 1990s. She's written and performed several original one-woman shows, directed improv



Jodi Cohen

troupes, written short non-fiction pieces and also writes terrific thank you notes. She has worked as a keynote speaker and presenter, using improvisation as a platform to teach communication skills. She is delighted to be a new Fort Myers resident and is excited to have recently joined the Gulf Coast Writers Association.

Cohen will share with us how improv allows us to "write" on the spot, automatically, without editing. In this hands-on workshop, participants will apply some basic improv principles via short writing exercises to explore character development, story plot and idea generation. Attendees will also experiment with how to use "writer's block/feeling stuck" as a launch point for our writing practice.

Members and first-time visitors may attend the meeting for free; guests are \$5.

Visit www.gulfwriters.org or call 247-4515 for more information.✱

Along The River



This is a great week for live music in Lee County beginning Friday with Music Walk

On Friday, September 19, **Music Walk** returns to Fort Myers’ historic River District. It begins at 6 p.m., rain or shine.

Stroll along downtown Fort Myers’ beautiful brick-lined streets while talented musicians play in and around restaurants, bars, art galleries and shops. Each month brings new energy and great music, from jazz and blues to rock ‘n’ roll. Music Walk is held on the third Friday of every month.

For more information about Music Walk, call 645-6457 or go to www.fortmyers-musicwalk.com.

On Friday and Saturday nights, music lovers gather at Times Square on Fort Myers Beach for the **Sunset Celebration**.

Sponsored by the Times Square Merchants Alliance, it takes place in the center of attraction on Fort Myers Beach. The square is a great place to for a beautiful gulf sunset, dinner, desserts, coffee, shopping and, of course, some excellent live music. It’s a fun evening for people of all ages and the concert series is free of charge.

Lake Kennedy Senior Center

Kings And Queens Of Comedy Show

Come experience the zany antics of seasoned local veteran comedians Just Don, Sheena Reagan and John Charles during the Kings & Queens of Comedy Show on Friday, September 25. Doors open at 6:30 p.m.

Be prepared for an unforgettable evening of comedy that will have you laughing out loud. Enjoy a get-together with friends for a night of fun and fabulous comedy.

Admission is \$10 for members and \$15 for non-members. Appetizers and beverages will be served. BYOB. Pre-registration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.*



Rising country music duo LOCASH will perform on Thursday, September 24 at Nervous Nellie’s on Fort Myers Beach. The duo is made up of Chris Lucas and Preston Brust.

On Friday night, popular local band **High Tide** takes the stage to play their special blend of rock, reggae and R&B. Band members are Scott Novello (bass/vocals), Danny Shepard (guitar/vocals) and David Moore (drums/vocals). It is certain to be a fun evening.

On Saturday, it’s **Troublemakerz**, with TC Carter on lead vocals and rhythm guitar, and Steve McWilliams on lead guitar and vocals. Their set includes classic rock, modern rock, dance, country, alternative and ‘80s music.

For more information about the Sunset Celebration, call 463-5900.

On Saturday from 6 to 9 p.m., celebrate the 50th anniversary of USA Dance at the Caloosahatchee Waterfront Pier.

On Saturday at 7:30 p.m., FGCU presents **The Beauty of the Oboe** at its Bower School of Music & the Arts. Tickets are \$10 per person and \$7 for students.

The oboe is one of the most beautiful sounding instruments in the orchestra, famed for its expressive sweetness. Judy Christy, principal oboe of the Naples Philharmonic Orchestra, joins pianist Michael Baron to present masterpieces from the oboe repertoire. Lisa Mattson, also from the Naples Philharmonic, joins them for the beautiful rhapsodies of Charles Loeffler. This is a rare chance to hear the oboe expertly performed as a solo instrument.

Florida Gulf Coast University is located at 10501 FGCU Boulevard South, Fort Myers. For more information about the concert, call 745-4268 or go to www.fgcu.edu/CAS/Music/concerts-music.

On Sunday, honor the International Day of Peace at the 8th annual **Peace Day in the Park**. The free event will be held under the canopy of tall trees at Jaycee Park in Cape Coral. The grassroots community event – which runs from 10 a.m. to 6 p.m. – has grown stronger and more vibrant every year with featured musicians, artists, performance groups and vendors all sharing their personal vision and expression of peace. The intent is to think peace, cultivate peace and help it grow.

Peace Day in the Park is a family and pet friendly celebration. Staff from local food pantries will be on hand to collect donations of dry and canned food goods. The Big Red Bus Bloodmobile will also be on-site and reminds you that one donation can save up to three lives.

There will be live music, a fashion show, arts, crafts, yoga, meditation, food, face painting, a health and wellness workshops, and a one-of-a-kind raffle. Pets are welcome.

Jaycee Park is located at 4125 SE 20th Place, Cape Coral. For more information, call 560-5224 or go to www.peaceday-in-the-park.com.

Don’t forget that on Monday through Wednesday, the 2nd annual **Island Hopper Songwriter Fest** comes to downtown Fort Myers’ historic River District. Musicians are scheduled to play at various locations from 5 to 9 p.m.

Singer-songwriters who have penned number one hits for such artists as Garth Brooks, Brad Paisley and Lee Ann Womack will perform at multiple venues. Attendees will have the unique opportunity to experience the voices, back stories and personalities of the songwriters in intimate island settings.

From Tuesday through Sunday, the music festival has scheduled performances on Fort Myers Beach.

For a complete schedule of events, go to www.islandhopperfest.com.*

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DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich, and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

ISLAND COW



Fried green tomato and bacon sandwich from SS Hookers

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of

Sanibel's only al fresco eating porches. 2163 Periwinkle Way, Sanibel. Call 472-0606.

SS HOOKERS

Get hooked on great cuisine and spir-its at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves

American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377. ✨

Lord Mayor Of Westminster To Visit Fort Myers

On Friday, September 18, the Lord Mayor of Westminster will be on the campus of Fort Myers High School. At 2:30 p.m., the band will present a small musical presentation followed by the Lord Mayor giving a formal invitation to the music department for the participation in the 2017 New Year's Day Parade in London as well as a performance in Westminster Central Hall.

The Fort Myers High School band hopes to see as many faces as possible at continued on page 19

Tropical Outdoor Patio Seating



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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers. Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers. Reverend Fr. Dean Nastos, Proistamenos. Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation.fl.goarch.org, 481-2099

BETH SHILOH MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166. Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus. An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937. Reverend Dr. Jeffrey DeYoe, Senior Pastor. Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442. Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4thinkers.com, www.christianscience-fortmyers.com. www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511. Pastor Reverend Joey Brummett

Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330. Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143. Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400. Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143. 8:15 and 10:15 a.m. Sunday Services. Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www.MeditationInFortMyers.org.

SAINT COLUMBKILLE

CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Mon.-Thurs. 6:45 a.m.; Fri. 6:45 & 11 a.m.; Sat. 4 p.m.; Sun 6:45, 9:30 & 11 a.m., 12:15, 4 Creole & 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation. Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com. Sunday worship service at 9:30 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-monastery.org.

ST. VINCENT DE PAUL CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism

Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers. Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org✠

Becoming Cosmopolitan Tickets On Sale

Tickets are now on sale for the 10th annual Becoming Cosmopolitan event, which benefits women and children's programming at Community Cooperative. This year's theme, "Havana Nights" will have guests experiencing the "allure and intrigue of the islands" while tasting unique signature cocktails and extraordinary food delights by G3 Catering. Havana Nights will offer unique silent and live auction items as well as a Key To The Closet raffle, where one lucky lady will win over \$6,000 worth of amazing items.

"We are so excited with how this year's event is coming together," said Tracey Galloway, CEO of Community Cooperative. "It's going to be a wonderful night of fun and friendship in support of those less fortunate in our community."

The event will take place on Thursday, October 15 from 6 to 9 p.m. at The Sidney & Berne Davis Arts Center, located at 2301 First Street in downtown Fort Myers. Tickets for the event are \$125 and \$200 for VIP tickets. They are available for purchase at www.CommunityCooperative.com, including a special "Girlfriends Package" which includes four general admission tickets for \$400.



For the fourth consecutive year, Fine-Mark National Bank & Trust has signed on as the presenting sponsor. Additional sponsors include Atilus, BB&T-OTC, Caloosa Tent & Rental, Dunkin's Diamond, *Florida Weekly*, FPL, Ralph Garramone, MD, FACS, Sam Galloway Lincoln, *Grandeur Magazine*, GCG Construction, *Gulfshore Life Magazine*, Elaine Hawkins and Vicki Pitbladdo, Lipman, Norman Love Confections, The News-Press Media Group, Physician's Primary Care, Prestige Printing, Radiology Regional Center, and State Farm Insurance/Sullivan & Sullivan.

A proud United Way partner, Com-

munity Cooperative serves the greater Fort Myers area with campuses in Fort Myers and Fort Myers Beach and mobile services in Bonita Springs, Cape Coral, North Fort Myers, and Lehigh Acres. Community Cooperative works in close partnership with, The Harry Chapin Food Bank and The School District of Lee County as well as collaborating with fellow community and service groups, churches, businesses and community support organizations.

For more information or to purchase tickets, call 332-7687 or visit www.communitycooperative.com.✱

Lake Kennedy Senior Center

We The People Patriotic Concert

We The People Patriotic Concert will take place on Sunday, October 25 at the Lake Kennedy Center. Doors open at 1:30 p.m. and the show starts at 2 p.m.

The songs performed during the second We The People performance are a collection of patriotic and uplifting tunes that will be enjoyed by all. Snacks and beverages will be served.

The admission cost is \$5 per person. Pre-registration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✱

To advertise in
The River Weekly News
Call 415-7732

Make-A-Wish Adds Youth Leadership Committee

Last week, Make-A-Wish Southern Florida announced this year's Youth Leadership Committee members and 2015-16 goals.

The Make-A-Wish Southern Florida Youth Leadership Committee (YLC) is a youth leadership opportunity in Southern Florida. Committee members of the group attend monthly meetings, elect officers and work together on fundraising projects to help share the power of a wish. Members learn valuable skills such as leadership, organization, budgeting and planning, that will be helpful in college, at work and beyond. They have the opportunity to learn more about philanthropy, volunteer with an organization with an international presence and help give back to children with life-threatening medical conditions right in their home area.

Started in 2014, the YLC raised more than \$30,000 enough to grant six more wishes. Their goal is to grow this program into a network of youth across Southern Florida that will ensure that every eligible child's wish is granted. The 2015-16 Youth Leadership Committee has set a goal to raise \$60,000, which is enough to grant 12 wishes.

Each month, a speaker will meet with students to discuss leadership and group interaction skills, event management, proposal writing, customer service skills,



Members of the Make-A-Wish of Southern Florida's Youth Leadership Committee

budgeting and fiscal responsibility, PR and marketing, dressing for success, networking skills, resume building, interview skills as well as stress relief and time management.

Students participating in the 2015-16 Youth Leadership Committee include Stephanie Abreu, Golden Gate High School; Lema Abuqab, Canterbury; Samantha Axline, Naples High School; Kaylee Ayres, Cape Coral High School; McKay Ayres, St. John Neumann Catholic High School; Ashby Belcastro, Fort Myers High School; Ellie Belcastro, Dunbar Middle School; Morgan Brucato, Gulf Coast High School; Lou-Isa Cadiou, Canterbury; Olivia Camp, Palmetto Ridge High School; Maryann Connolly, Lee

Virtual; Duneska Cruz, Marco Island Academy; Matt DeSantis, St. John Neumann Catholic High School; Mykala Fowler, Barron Collier High School; Mary Lynn Geier, St. John Neumann Catholic High School; Alanna Hause, North Fort Myers High School; Doug Hutchison, Mariner High School; Julia Januszkiewicz, Bonita Springs Middle School; Katrina Januszkiewicz, Cypress Lake High School; Addie Jenkinson, Six Mile Charter Academy; Taylor Mangan, Gulf Coast High School; Emily Mathis, Bishop Verot High School; Megan Mathis, Bishop Verot High School; Madeline McLaughlin, St. Elizabeth Seton School; Austin Nicol, Oakridge Middle School; Aleksandra Parrish, St. John Neumann

Catholic High School; Audry Paul, Fort Myers High School; Amy Piper, Bishop Verot High School; Bella Santos, Varsity Lakes Middle School; Robert Voorhees, Bishop Verot High School; Olivia Watt, Marco Island Academy; Taylor Wilson, North Fort Myers High School; Rachel Wrobel, Gulf Coast High School; and John Zizzo, St. John Neumann Catholic High School.

For more information or to support the YLC events, contact Taylor Marini at 992-9474 ext 23 or tmardini@sflawish.org.

For more information about Make-A-Wish, visit www.sfla.wish.org or call 992-9474 to get involved.✱

Fish Feel Fall Is Coming



by Capt. Matt Mitchell

Our weather is far from fall-like, with certainly no chill in the air yet. The fish already know, though, that the change is coming soon, as fall-like action has started to happen. Huge schools of little fry bait can be spotted both in the bay and out on the beaches. These massive schools of tiny bait are the start of the whole fall time food chain feeding frenzy, which will include a wide variety of species of all shapes and sizes.

In the middle sound from Redlight Shoal north, birds feeding on these bait schools as they get pushed up to the surface by hungry fish was easy to locate and made for great non-stop action. A small white soft plastic jig cast at the surface activity caught trout, ladyfish, mackerel and jacks on just about every

cast. This is some crazy, fast-paced action. Keep your eyes open and have a few different rods rigged and ready for bigger game as tarpon and sharks can pop up anytime in these blitz's. For sheer numbers of fish, this action just cannot be beat.

Out along the beaches, it's starting to be the same story, too, with bait balls and feeding birds marking the places of fish feeding fish activity. The calmer the conditions the better, with light wind or east wind days being the best to locate surface activity. This fall beachside fishing is some of my favorite action of the whole year, with the variety of species being a making for a anglers delight. If you hit it right, out here its everything from tarpon to King mackerel and cobia all within sight of the beach. As the water cools off, more large schools of breaking bonita and acres of Spanish mackerel with surface feeding sharks all through it will all be making that annual fall migration to the south.

The big redfish schools of fall are also starting to happen, although finding a school has been a little hit and miss yet. Shallow flats around Buck Key and on the back side of Cayo Costa are a couple of the places to get started looking for that herd of stampeding reds. I did locate one huge school this week on a channel



Enjoying a day off catching redfish

edge by Buck Key during the morning low tide. Long casting weedless spoons and chunks of cut bait will give you more casting range when throwing to these schools. Try to land your offering well out in front of the school as throwing right into the middle of the school will send them all running off spooked. Most of the redfish in these schools are well over the 27-inch max, but sight fishing and catch-

ing a 30-inch plus redfish in a foot or two of water is always a treat.

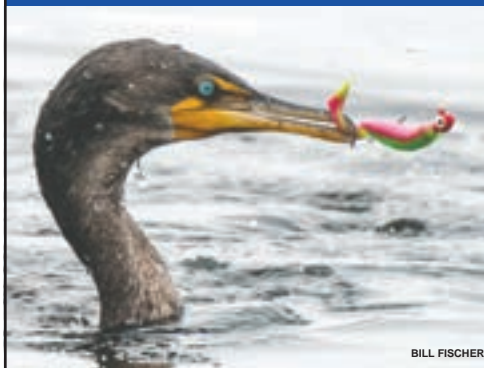
Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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Dave Doane

CROW Case Of The Week:

Mottled Duck



by Patricia Molloy

Often called the Florida mallard, the mottled duck (*Anas fulvigula*) is a dabbling duck that has specifically evolved for nesting in marshes. Found year-round throughout peninsular

CROW is currently caring for a mottled duck (patient #15-2346) with a foot injury. After being treated for a couple of weeks inside of the clinic's ICU, the duck had healed well enough to be moved to an outdoor enclosure. Unfortunately, the patient suffered a setback.

"She's back in the boots," explained Dr. Molly. "The swelling in her foot increased a little since she went outside. She's not lame in that foot, but we are keeping her in supportive boots. Other than that, she's still being force-fed and medicated in the evening." Another issue that the medical staff noticed was that the duck was not swimming once she was moved to an outdoor enclosure.

Waterfowl produce an oil that keeps their feathers waterproof and protects them against extreme temperatures. In order to stimulate the oil production, they must spend time in water. When the mottled duck was being treated inside, the staff ensured that she had daily tub time. But left to her own devices outside, the duck did not go into the pool. Why? Likely stress and depression.



During tub time, the water is sprinkled with food so that the mottled duck can eat in a more natural environment. Additionally, exposure to water is essential in stimulating production of the oils that keep its feathers waterproof.

Florida and along the entire Gulf Coast, it is one of the few non-migratory ducks in the country.

Mottled ducks populations are being threatened by a familiar issue: habitat loss, specifically, the draining and destruction of marshlands. But there is another issue that is jeopardizing the future of these waterfowl: crossbreeding. It is estimated that up to 12 percent of the mottled duck population in Florida is comprised of mallard hybrids.

Mallard ducks – specifically males with their iridescent green heads – are easily the most recognizable duck in North America. As a result of their popularity, mallards have been introduced to public parks that are outside of their natural breeding grounds. Crossbreeding between the two closely-related ducks has occurred so frequently that, sadly, the complete hybridization and extinction of the Florida mottled duck could result.

In the wild, mottled ducks do not travel in large flocks, however, they do form close bonds with their mate and often with a small group of friends. Right now, patient #15-2346 is the only mottled duck at the wildlife clinic. Despite being provided with enrichment tools, she appears to be quite lonely. The staff at CROW is eager for the patient's foot to fully heal so that the sad little duck can be returned to the wild and make those essential, life-long bonds.

As Dr. Heather concluded, "I think she's just scared. That's all it is. But it's sad. They are such a social species."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



Participants get hands-on, close-up learning opportunities about the local ecosystem

Wading Trips At Estero Bay

Estero Bay Aquatic Preserve is offering fall wading trips from 10 a.m. to noon on Wednesday, September 23, and from 9 to 11 a.m. on Tuesday, October 20, Thursday, November 12 and Thursday, December 3. Wading trips are free, but registration is required. Call Jackie Langston at 530-1004. Directions to the wading trip location will be provided upon registration.

Participants will take a refreshing journey into the waters of the bay, wading into mudflats and seagrass beds at low tide to find many of the plants and animals that call the estuary home. Dip and seine nets will be provided for participants to collect organisms such as fish, shrimp, crabs and snails. The organisms will be placed in buckets or magnifiers for attendees to take a closer look and learn how each living creature plays an important role in the ecosystem.

You must wear closed-toed shoes that can get wet, such as old tennis shoes or diving booties, and a swimsuit or shorts.✱

America's Boating Course

submitted by Commander Ron Terciak

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons that serves South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, will be offering America's Boating Course on Saturday, October 3 from 8:15 a.m. to 12:30 p.m.

The course is recognized by the National Association of State Boating Law Administrators (NASBLA) and satisfies the Florida state requirement that anyone born after January 1, 1988 must pass a safe boating course in order to operate a boat with more than 10 HP. Each student will receive a Florida Boater's card, valid for life, from the Florida Fish and Wildlife Commission, upon successfully completing the class. The course consists of two sessions on consecutive Saturdays. The second session will be held on Saturday, October 10, also from 8:15 a.m. to 12:30 p.m.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. Students who complete the course are eligible to join the United States Power Squadron at a discounted rate offering 18 months of membership for the price of 12 months.

The cost of the course is \$45 with a \$20 cost for a second person sharing the

instruction materials.

The course is being taught at the San Carlos Bay Sail & Power Squadron classroom, located at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware). Students can register online at www.scbps.com or by calling the office at 466-4040 and leaving their contact information.✱

FWC Passes New Stone Crab Trap Regulations

At its September meeting in Fort Lauderdale, the Florida Fish and Wildlife Conservation Commission (FWC) amended its stone crab trap regulations for stone crab traps used in Collier, Monroe and Miami-Dade counties.

Beginning this year's stone crab season, the use of round entrances (also known as throats or funnels) will no longer be allowed for stone crab traps used in state or federal waters off these three counties. The changes will also require that the rectangular or rounded rectangular entrances typically used in stone crab traps be no larger than 5 1/2 by 3 1/8 inches at the most narrow portion of the opening.

The changes will bring the gear regulations for these three counties more closely in line with the way the stone crab fishery has traditionally operated in the region

continued on page 19

Plant Smart

Trumpet Creeper

by Gerri Reaves

Trumpet creeper (*Campsis radicans*) is a fast-growing native woody vine found throughout Florida and most of the eastern U.S. This member of the begonia family can grow to 40 feet or more.

Consider using it if you need a pretty wildlife-friendly vine to cover a fence, trellis, gazebo or unsightly spot, or if you need a low-maintenance groundcover.

In the wild, where it is common in woods and thickets, it can scramble up trees and “take over” a canopy. In some geographical areas, it is classified as an invasive or noxious weed.

Its ability to travel via twining stems and aerial roots can make it bothersome – even destructive – inching its way under house siding or repeatedly venturing where it’s not wanted. The term *radicans*, which means “with rooting stems,” indicates this propensity.

In addition, the aerial roots have an adhesive-like substance that can damage the surfaces of structures.

Pruning will be required to confine it to a specific area. Keeping it as a container plant might be the best solution.

Despite its tenacious climbing, however, this vine is loved for its vivid orange or red tubular flowers whose plentiful nectar attracts not only bees and butterflies but hummingbirds... as well as ants.

The flowers of about three inches long appear in clusters, spring through fall.



Native trumpet creeper attracts hummingbirds, bees and butterflies

photo by Gerri Reaves

The opposite coarse-textured toothed leaves are two to four inches long with seven to 15 leaflets. The showy flowers contrast prettily against the dark-green fern-like foliage.

The bark is light-colored and shedding. The hard brown pod-like fruit is keeled, three to six inches long, and contains many winged seeds.

Give this drought-tolerant vine a sunny spot for maximum blooms. Propagate it with cuttings, suckers or seeds.

Both the leaves and flowers can cause skin irritation in mammals, thus the common name, cow-itch vine. The plant is somewhat toxic if ingested.

Several ornamental cultivars are available, including a yellow one.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, edis.ifas.ufl.edu, floridata.com and plants.usda.gov.

Plant Smart explores the diverse flora of South Florida.✴

From page 1

'Ding' Free Passes

“President Obama’s Every Kid In A Park program is part of his ongoing efforts to get kids outside and enjoying nature,” said Toni Westland, supervisory refuge ranger at “Ding” Darling. “That has been our goal for years, so we are taking it a step further to encourage fourth graders and their families.”

Obtaining the free annual pass – a value of \$80 – requires fourth-grade students to print out a voucher, found online at everykidinapark.gov. Fourth graders can complete the voucher and take it to the fee booth on Wildlife Drive to receive their pass. They must present a printed voucher; electronic forms are not accepted.

“We are working with local schools to create videos to promote this program and are planning a special day at the refuge for fourth graders and their families,” said Westland. “We will be further promoting it at ‘Ding’ Darling Days’ free Family Fun Day on Sunday, October 24. We are shooting to issue the most passes of any national wildlife refuge, and there are more than 550 of them.”

For more information on the Every Kid In A Park pass, visit everykidinapark.gov. For questions about obtaining a pass at “Ding” Darling NWR, call 472-1100 ext. 237.✴

Our email address is press@riverweekly.com

Moonlight Garden Tour At Edison Ford

The Harvest Moon on September 27 and 28 will be quite a phenomenon this year, appearing larger and brighter than usual immediately before and after passing through a total Lunar Eclipse (during which it will appear dark red).

The Edison & Ford Winter Estates will present a Moonlight Garden Walk on the riverside of the estates to include the spectacular lunar activity and also the nighttime flower and pollinator activity. Telescopes, cameras and binoculars are encouraged. The Supermoon total lunar eclipse only occurs once every 33 years or so. Heather Preston, Planetarium Director of the Calusa Nature Center, will join Debbie Hughes, Edison Ford Horticulturist, for the lecture and program. Call the Edison Ford at 334-7419 to register as space is limited.

The fall Harvest Moon on Sunday, September 27 will rise around dusk and will be visible weather permitting. The program begins at 6:30 p.m. at the Marina at Edison Ford, Pinchers, in the Marina Room Bar for the beginning lecture before venturing onto the historic property. The lecture will happen rain or shine and (weather permitting) move to garden and lunar viewing at 7:15 p.m. The “umbral” stage of the lunar eclipse will begin at 9:07 p.m. – a gradually-



Garden pond at the Edison Ford Winter Estates

increasing “bite” will obscure the edge of the full moon starting at its eastern edge as over the next hours the moon traverses the deepest part of Earth’s shadow, glowing deep red with the “sunset light” that is refracted by Earth’s atmosphere.

The connection to gardens and horticulture is ancient. Harvest Moon is a name originally used by farmers to kick off the season for gathering vegetables and getting ready for winter. It’s the name for the full moon nearest the autumnal equinox. This year, the moon reaches full about an hour after reaching perigee,

which makes our 2015 Harvest Moon a “supermoon.” A perigee full moon appears some 14 percent larger in diameter and so almost 30 percent brighter than a full moon at apogee. The Harvest Moon most often falls in September but sometimes falls in early October – whichever is closest to the equinox. Come enjoy the night-blooming species in our gardens and the eclipsing of the supermoon in a single nature-celebrating experience.

Registration is \$40 for the general public and \$10 for Edison Ford and Calusa Nature Center members. Call Leanne

Criswell at the Edison Ford to register at 334-7419. The program will begin in the Marina Room downstairs in the Marina at Edison Ford, Pinchers Restaurant.

For additional information, call 334-7419 or visit www.edisonfordwinterestates.org.✴

Lake Kennedy Senior Center

Bus Trip To Florida Aquarium

The Kennedy Cruisers are off to beautiful Tampa to explore the wonders of the sea on Wednesday, September 30. Bus trip participants are asked to arrive by 7:45 a.m. prior to departing at 8 a.m. The approximate return time is 6:30 p.m. or before.

The Florida Aquarium is rated in the top 10 best aquariums in the country. Be prepared to be mesmerized by the unusual creatures of the sea and the awe-inspiring plant life that live in this underwater paradise. There will be a multitude of exhibits and touch tanks where you can feel many amazing sea urchins. After visiting the aquarium, get ready to set sail on an incredible wild dolphin cruise.

The cost of this aqua adventure, including a 75-minute wild dolphin cruise, is \$61 per member and \$66 per non-member. Lunch will be Dutch treat. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.✴

Construction Nears Finish On Everglades Water Quality Project

With 16,500 cubic yards of concrete, 2,100 tons of steel and 21 miles of levees, a massive new South Florida Water Management District (SFWMD) project to improve Everglades water quality is nearing completion and set to start operations.

Water already has begun flowing into the A-1 Flow Equalization Basin (FEB), which will help optimize wetlands that clean phosphorus from water before it reaches the Everglades. The basin will be the first project completed as part of the State's Restoration Strategies plan to improve water quality for the River of Grass.

"Completing this significant project and continuing progress on others is how we achieve water quality goals," said Jeff Kivett, SFWMD Director of Operations, Engineering and Construction. "The A-1 will soon be fully operating and providing its intended critical restoration benefits to the Everglades."

A-1: How It Works

With the capacity to hold 60,000 acre-feet of water at a site west of U.S. 27 in Palm Beach County, the A-1 was designed to capture and store peak stormwater flows during the wet season or during heavy rainfall events.

Emergent vegetation such as bulrush and cattail planted within the site will help reduce the concentration of phosphorus in the water.

A system of 21 miles of earthen levees and 15 water control structures – 10 with solar power – within A-1 gives water managers the new ability to deliver water



Water has already begun to flow into the A-1 Flow Equalization Basin, South Florida Water Management District's new project to improve water quality in the Everglades

at the right time and in the right quantity to the vast Stormwater Treatment Areas (STAs) 2 and 3/4 to the south and east.

Achieving optimal water flow to these constructed wetlands enables emergent and submerged aquatic vegetation such as southern naiad to most effectively

and naturally remove nutrients from the water that eventually flows to Everglades National Park.

The District operates a network of five STAs south of Lake Okeechobee with an effective treatment area of 57,000 acres. Since 1994, the treatment areas

have retained more than 2,012 metric tons of total phosphorus that would have otherwise entered the Everglades.

Fast Facts

Construction of the A-1 required massive amounts of land, material and heavy equipment, including,

- 15,000-acre footprint
- 1.6 million cubic yards of fill material, all mined on-site
- 3.1 million cubic yards of muck was degraded and used as topsoil
- 23 massive, 40-ton articulated dump trucks
- 150 construction personnel on-site each day

Construction of the A-1 benefited from significant work already completed at the site for a reservoir originally planned to provide deep water storage, known as the EAA Reservoir.

Key features of the plan include:

- Design and construction of 116,000 acre-feet of additional storage adjacent to existing Everglades STAs, better controlling water flow into the treatment wetlands and thereby improving their performance. These storage areas, known as Flow Equalization Basins, will be designed to assist all five Everglades STAs.

- Design and construction of the Stormwater Treatment Area 1 West expansion, increasing by 50 percent the treatment capacity of water quality facilities currently discharging into the Arthur R. Marshall Loxahatchee National Wildlife Refuge.

- Additional sub-regional source controls in areas of the eastern EAA where phosphorus levels in runoff have been historically higher, building on the District's existing Best Management Practices (BMPs) Regulatory Program.✱

Field Trips For Schools, Individuals And Organizations

Pure Florida has launched Pure Education, a division that focuses on programming and outreach in order to teach students of all ages about the natural Southwest Florida environment in hopes of inspiring preservation efforts and future environmental scientists and marine biologists. Pure Education offers Marine Science Field Trips, which incorporates coordinated life science curriculum for Pre-K through sixth grade students. Marine Science Field Trips are also offered to individuals, families and organizations. Field trips are currently available at Pure Florida's Fort Myers location, with future plans under way for its Naples location.

Marine Science Field Trip options include approximately 1.5-hour and 2-hour educational cruises. The cruises will sail out to the Caloosahatchee, where children will work in groups to test local waterways for water temperature, salinity levels, pH, nitrate, ammonia and phosphate levels, and complete other related activities. The cruise will showcase Southwest Florida ecosystems and the wildlife native to the area, and students will learn about healthy estuaries, the history of the Caloosahatchee and healthy practices for clean water preservation. The 2-hour education cruise experience can also include engineering challenges, such as Float Your Boat and Submersibles for students to participate in. Schools and groups can choose to have a Pure Florida educa-

tor visit the classroom in advance of the field trip. The Sea to Land Science in the Classroom experience allows students to participate in science experiments to review the scientific method and best practices in advance of the cruise so that students are excited and prepared for the field trip.

Pure Florida has recently brought on two new team members, Merry Coffman as director of educational programming and outside sales Lee County and Marina Hurt as education coordinator, to share their experience with educational programming. Coffman has been involved in the Regional Science Fair Steering committee, STEM Tour of SWFL, the STEM Team of SWFL and has experience developing science and engineering programming. Hurt is an environmental science graduate from Florida Gulf Coast University who has expansive experience working with children. These members have prepared unique programming that will engage pre-k through sixth grade students and anticipates program expansion each year.

"Pure Florida is passionate about education and is excited to launch this new program," Coffman said. "Pure Florida is positioned well with two locations, a great team and excellent programming, to offer students, individuals and organizations such as homeschool groups and Scouts throughout the region an amazing experi-



Pure Florida cruise

ence on the water learning about our natural Southwest Florida environment."

Registration for the Marine Science Field Trips is \$15 per child and \$15 per adult chaperones. Free admission is offered for teachers. Groups are encouraged to bring lunch or select Pure Florida's preferred vendor, Jason's Deli, to cater their meals. Advanced registration is required. Call 239-793-7529 for more information or to book your field trip.✱

Island Hopper Songwriter Fest Returns To Matanzas On The Bay



Paul McDonald entertains local festival-goers at Matanzas on the Bay during the 2014 Island Hopper Songwriter Fest on Fort Myers Beach

Matanzas on the Bay on Fort Myers Beach will be a venue for an outstanding lineup of singer-songwriter performances during the 2nd annual Island Hopper Songwriter Fest, returning September 25 to 27. Sponsored by the Beaches of Fort Myers and Sanibel, Cat Country 107.1, BMI and iHeartMedia, festival-goers will have the opportunity to experience the voices, stories and personalities of nationally acclaimed singer-songwriters. Matanzas on the Bay also offers free boat dockage for guests to utilize throughout the weekend, providing music festival attendees easy access to the wide array of scheduled performances.



Performers Paul McDonald and Kevin Kinney play at Matanzas on the Bay during the 2014 Island Hopper Songwriter Fest



Accessible by land or boat, Matanzas on the Bay on Fort Myers Beach offers 2015 Island Hopper Songwriter Fest attendees a variety of ways to enjoy the music festival

The 2015 Island Hopper Songwriter Fest will take place on Captiva Island September 17 to 20, in Downtown Fort Myers September 21 to 24 and on Fort



Bill LaBounty

Myers Beach September 25 to 27. On Friday, September 25, singer-songwriters Dave Gibson and Mark Mulch will perform at 7 p.m., followed by Bobby Tomberlin and Bill LaBounty at 8 p.m. and Trailer Choir at 9 p.m. On Saturday, September 26, Bobby Tomberlin and Jeff Cohen will perform at 1 p.m., followed by Trailer Choir at 3:30 p.m., Brandon Kinney and Tim James at 6 p.m. and Jeff Cohen and Phil Barton at 8 p.m. The final day, Sunday, September 27, will feature performances by Tim James and Bill LaBounty at 1 p.m., followed by Bobby Tomberlin and Mark Mulch at 2:15 p.m.

All performances will take place on the Upper Deck at Matanzas on the Bay.



Bobby Tomberlin



Brandon Kinney



Dave Gibson



Jeff Cohen



Mark Mulch



Phil Barton



Tim James



Trailer Choir

continued on page 22



Bill LaBounty



Bob DiPiero



Brandan James



Brandon Kinney



Brandon Maddox



Chloe Friedman



Danny Myrick



James Slater



Jeff Cohen



Jeff Prince



John Korbel



Megan Linville



Reid Stone



Stephen Plein



Tim McGeary



Trailer Choir

PierSide Grill & Famous Blowfish Bar Hosts Island Hopper Songwriter Fest

PierSide Grill & Famous Blowfish Bar on Fort Myers Beach will present a series of live performances from nationally acclaimed singer-songwriters as part of the 2nd annual Island Hopper Songwriter Fest, to be held September 25 to 27 on Fort Myers Beach.

Live performances at PierSide Grill & Famous Blowfish Bar are free and open to the public. Performances will begin Friday, September 25, with shows by Megan Linville and Chloe Friedman at 7 p.m., James Slater and Jeff Cohen at 8 p.m. and Brandan James and Stephen Plein at 9 p.m. On Saturday, September 26, perfor-

mances will begin at 1 p.m. with Bill LaBounty and Brandon Kinney, followed by Megan Linville and Danny Myrick at 2:15 p.m., Brandon Maddox and Jeff Prince at 4:45 p.m. and Trailer Choir at 7:15 p.m. The 2015 Island Hopper Songwriter Fest will conclude on Sunday, September 27, with performances by Reid Stone and John Korbel at 1 p.m., Tim McGeary at 2:15 p.m. and Bob DiPiero and James Slater at 3:30 p.m. For more information on upcoming performances, visit PierSide Grill and Famous Blowfish Bar's Facebook page at www.facebook.com/PierSideGrill.

Presented by the Beaches of Fort Myers and Sanibel, Cat Country 107.1, BMI and iHeartMedia, the 2015 Island Hopper Songwriter Fest will take place at various venues on Captiva Island, September 17 to 20, Downtown Fort Myers, September 21 to 24, and Fort Myers Beach, September 25 to 27.

For more information, visit www.IslandHopperFest.com.✴

From page 1

Concert Series



Vocalist Sarah Pfisterer from Broadway Pops International: The Music of Rodgers and Hammerstein



Vocalist Sean MacLaughlin from Broadway Pops International: The Music of Rodgers and Hammerstein

November 6 at 7:30 p.m.

- Duke Ellington Orchestra – Monday, January 25 at 7:30 p.m.
- A Night at the Oscars: Hollywood Concert Orchestra – Tuesday, February 9 at 7:30 p.m.
- Chicago Brass Quintet – Monday, March 7 at 7:30 p.m.
- Broadway Pops International: The Music of Rodgers and Hammerstein – Tuesday, April 5 at 7:30 p.m.
- Bonus Concert: Barbary Coast Dixieland Band – Tuesday, March 1 at 7:30 p.m.

Concerts and Conversations offers classical music lovers an opportunity to experience concerts in an intimate setting and enjoy a dessert reception with the musicians following the performance. It will include:

- Gulfshore Trio – Monday, November 16 at 7 p.m.
- Ashu: Saxophonist – Saturday, January 16 at 7 p.m.
- Irrera Brothers Duo – Monday, February 22 at 7 p.m.
- DaPonte String Quartet – Monday, March 14 at 7 p.m.

Shell Point is pleased to partner with the Southwest Florida Symphony to present several performances that showcase the best of classical orchestral compositions. It will include:

- Holiday Pops – Monday, December 21 at 7:30 p.m.
- Discovery Concert: Beethoven's *Eroica* – Thursday, January 14 at 7:30 p.m.
- Symphonic Folklore: Mendelssohn, De Falla and Copland – Thursday, February 4 at 7:30 p.m.

Individual tickets for the 2015-16 Concert Series range from \$15 to \$35. Series tickets are also available by musical series, and provide savings up to \$50. Place your reservations today by contacting the concert box office at 454-2067, or at www.shellpoint.org/concerts.

To learn more, visit www.shellpoint.org or call 1-800-780-1131.✱



A Night at the Oscars: The Hollywood Concert Orchestra



The Chicago Brass Quintet



Barbary Coast Dixieland Band



The DaPonte String Quartet



Southwest Florida Symphony performs Beethoven's *Eroica* symphony with Maestro Leif Bjaland



Gulfshore Trio



Saxophonist Ashu



The Irrera Brothers Duo



Southwest Florida Symphony presents Holiday Pops

Human Pink Ribbon Event

Partners for Breast Cancer Care and Susan G. Komen Southwest Florida will be holding an event to try to set the record for the Largest Human Pink Ribbon on Saturday, October 17 at JetBlue Park, located at 11500 Fenway South Drive in Fort Myers. Gates open at 9 a.m. and event organizers will be taking the aerial group Human Pink Ribbon photo at 10:30 a.m.

With a donation of \$20, you will receive your very own pink umbrella (that you can share with one other person) that allows you to become a vital part of the Human Pink Ribbon and part of history as we attempt to set this record.

Your \$20 donation will not only provide you with a pink umbrella (a necessity for Southwest Florida) but it will also provide our community with breast health screening, diagnostic testing and treatment for underserved women and men.

Parking in the stadium is free for all participating patrons; and although we love them, please refrain from bringing your pets.

All donations will benefit Partners for Breast Cancer Care, Inc. and Susan G. Komen SWFL. Visit www.pfbcc.org for more information or to register online, visit www.komenswfl.org.✱✱



Southwest Florida Symphony performs Symphonic Folklore: Mendelssohn, De Falla, and Copland with Maestro Nir Kabaretti

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Peace Day In The Park Returns To Cape Coral

On Sunday, September 20, the 8th annual Peace Day in the Park returns to Jaycee Park in Cape Coral from 10 a.m. to 6 p.m. It's a free community celebration and event for the whole family in honor of the International Day of Peace.

Our systems are failing us, our society feel's broken. We can see it everyday within the world we live in around us. Where is our light? How can we experience more peace in our daily lives and that of our children? Children are our future. How do we get the kids to educate the parents on what they need, feel and are experiencing?

Peace Day in the Park, a grassroots project is an opportunity to answer these questions and to meet different people in your community who can be the role models or mentors for our future generations. At Peace Day in the Park, you and the entire family – including your pets – can experience a culture of peace and unity where education, inspiration and understanding are key factors through out the day. This celebration is vital not only for our youth but for all of us to teach and learn how to deal with conflict, uncomfortable feelings, disease and triggers within our environment that are very common in today's world.

Once a year, the community comes together in honor of the International Day of Peace to celebrate, discuss, and experience all the beautiful peace that surrounds us right here locally and the many amazing people that make a difference and ways we can all get involved and make a difference ourselves. Never doubt that a small group of individuals can change the world. Indeed, it's the only thing that ever has.



In Honor of the International Day of Peace

8TH ANNUAL Peace Day in the Park

Sunday, September 20, 2015
Jaycee Park, Cape Coral 10am-6pm

Food & Blood Drive FREE! Family & Pet Friendly Event

Meditations | Yoga | Workshops | 108 Sun Salutations
Amazing Live Music & Dancing
Arts & Crafts | Raffles | Kid Activities & Food
Inspiring & Creative Local Vendors
K-9 Charity Walk | Pet Adoptions & More!

For More Information Contact: SWFL4Peace@email.com (239) 560-5224

Logos: ZAKS, Blue Dahlia, Farmers Market, A Place for Peace, Sunset Market, Pushing Daizies, natural awakenings, PEACE DAY

For eight years, seeds have been planted in our community, small but strong, and they are growing. This day of peace allows us to nurture that source and by coming and being part of it we get to fertilize and cultivate this very idea. Energy goes where thoughts flow.

More and more, community members are realizing what was once already said best, "We must be the change we wish to see in the world."

At this year's eighth annual Peace Day in the Park you become part of the change. This is a free event for the whole family and everyone's invited. Each year, the event hosts local artisans, vendors, yoga, live music, pet adoptions, meditation, crafts and workshops. In addition this year we are hosting a fashion show, raffles, food and more. We are asking everyone bring canned goods for local donations. This year we plan on donating all food donations to ACT the Abuse Counseling center as well as the Veterans Village of Port Charlotte. Saving local lives and helping out our neighbors in need. It's truly in the giving that we receive and it's truly a one of a kind event that you don't want to miss.

Local businesses that support Peace Day in the Park and peace within our community are Cape Coral Farmers Market and Surfside Sunset Market, Zak's Jewelry, Good Medicine Community Acupuncture, Blue Dahlia Session Salon, What's Up SWFL, EPEC - Environmental and Peace Education Center, Family Source Consulting, Pushing Daizies and Cape Coral Parks and Recreation.

Peace Day in the Park takes place at Jaycee Park, located at 4125 SE 20th Place in Cape Coral.✱



Lana
PAWS Of Sanibel

Lana

Lana is a one-year-old beauty and she's been at the vet since mid-August. She has been combo tested, spayed and had all her immunizations. She is now in a foster home and is ready for a forever home. Call Pam at PAWS, 472-4823 if you can make room in your home and heart for Lana.✱



Two of the three kittens
PAWS Of Sanibel

Three Kittens

It has been very busy for PAWS of Sanibel. It was reported that kittens were spotted at a motel along West Gulf Drive, and sure enough, the three kittens have now been trapped. All are over at Coral Vet for testing, spay/neuter, shots, etc. It's not clear at this point if they will be tame enough to adopt out to be indoor pets. If not, PAWS will be looking to find a relatively safe place where they can live outside, maybe in a pool cage, screened lanai or porch. Worst case scenario would be totally outside, but in an area where alligators are not nearby (freshwater ponds, lakes, etc.) and where coyotes have not been an issue. Of course, it would be preferable that they not have free roam of the neighborhood, but if they're totally feral, that might be the only alternative.

PAWS would love to find someone willing to take on kitties that will be outside, but who will provide them with fresh food and water daily. Contact Pam at PAWS of Sanibel at 472-4823 or sanibelcat@embarqmail.com if you can provide any help with these kitties, be it financial, shelter, care, etc.✱



Two kittens

Vino's Picasso Partners With Breast Memories

Vino's Picasso is partnering with the Cancer Alliance of Naples for Breast Memories, an art installation of breast impressions turned into art, dedicated to those who had, have or passed from breast cancer. The installation will consist of approximately 200 canvasses. There is a suggested donation of \$25 to submit your piece, with proceeds benefiting the Cancer Alliance of Naples. To create your own part of the masterpiece, you have until October 25. Register on the event page for Breast Memories and then check the calendar at Vino's Picasso, and pick any day that says "Paint What You Want." Call Vino's Picasso to register for any PWYW session.

If you would like to participate in the opening reception on Thursday, October 29 from 5:30 to 7:30 p.m. at Clive Daniel Home, tickets are available for \$10 each. Call 288-6953 for more information.

To donate to Breast Memories, contact Heather Ford at breastmemories@gmail.com or visit <http://cancerallianceof-naples.com/donate>.✱

To advertise in *The River Weekly News* Call 415-7732



Squatter, 2014, acrylic on canvas by T.L. Solien

photo courtesy T.L. Solien

FGCU Opens TL Solien Solo Exhibit

The Art Galleries at the Bower School of Music & the Arts presents Yesterday, It Was Sunny: A Solo Exhibition of Work by T.L. Solien, on display from October 8 to November 14. An artist talk with reception to follow will be held beginning at 5 p.m. on Thursday, October 8 at the Main Gallery in the Arts Complex. This exhibition is sponsored in part by Gene and Lee Seidler, and WGCU.

T.L. Solien has gained national attention for painting, sculpture and works on paper that combine surreal, cartoon-like imagery exploring his life, mind and emotional states as a man, artist, husband and father.

Solien has appeared in numerous national group and solo exhibitions, including the Whitney Museum of American Art, Modern Art Museum of Fort Worth, Walker Art Center, Des Moines Art Center, Madison Contemporary Art Museum and the American Center in Paris.

The gallery is in the Arts Complex on FGCU's main campus located at 10501 FGCU Blvd. S. Parking is available in Lot 7 for gallery visitors. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Friday, and 10 a.m. to 7 p.m. on Thursday.

For further information on this exhibition and others, go to artgallery.fgcu.edu or contact Anica Sturdivant at 590-7199 or asturdiv@fgcu.edu.

Digital Bookmobile

The Digital Bookmobile National Tour will showcase the digital content services available at the Lee County Library System. The Digital Bookmobile will visit the East County Regional Library, 881 Guntery Road in Lehigh Acres on Tuesday, October 13 from noon to 6 p.m. The event is free.

Readers of all ages will learn how to access e-books from the library through interactive demonstrations and high-definition instructional videos. The Gadget Gallery – featuring Kindle Fire, iPad Mini, Android Galaxy Tablet, NOOK HD+, Creative Zen, Kindle Paperwhite, Windows Phone 8 and more – will help visitors discover portable devices that are compatible with the library's digital service.

Library card holders can also check out digital titles anytime, anywhere by visiting www.leegov.com/library/online.

"Our Library System is on the cutting edge when it comes to technology," said Sheldon Kaye, Lee County Library System Director. "The system is constantly upgrading to support the mobile needs of society. Folks who want to learn how to take advantage of OverDrive's library services via their devices should visit the Digital Bookmobile on Tuesday, October 13. It is here for one day only."

The Digital Bookmobile is contained in

an 18-wheel tractor-trailer. This 74-foot community outreach vehicle is a high-tech update of the traditional bookmobile that has served communities for decades. The vehicle is equipped with broadband Internet-connected PCs, high definition monitors, premium sound systems, and a variety of portable media players, all of which help visitors explore the Lee County Library System's OverDrive service. Interactive learning stations give visitors an opportunity to search the library's digital media collection, use supported mobile devices, and sample eBooks, audiobooks and video.

Patrons can take advantage of the service 24/7 when they visit the library's website. From there, they can browse the growing collection of bestselling, new release and classic titles and check out a digital title with a valid library card. Once the digital titles have been checked out, they can enjoy them in the browser or transfer them to their computer or a supported portable device. Many audio titles can also be burned to audio CD. At the end of the lending period, titles will automatically expire and are returned to the digital collection. There are never any late fees or damaged items.

The Digital Bookmobile is a service of the Lee County Library System and is operated by OverDrive, Inc. To check out digital books and more, visit www.leegov.com/library/online.

For more details, visit www.digitallbookmobile.com.

From page 1

Stone Crab Trap

and prevent the use of stone crab traps to target lobster. The FWC did not adopt any changes to the allowable size of the overall trap, although that had been considered previously.

The new measures related to configuration of the stone crab trap entrance will be effective on October 5.

For more information on marine fisheries and stone crabs, visit MyFWC.com/Fishing and select "Saltwater Fishing."

From page 9

Lord Mayor Of Westminster To Visit

2:30 p.m. on Friday in the school's auditorium. In addition to the formal invitation at 2:30 p.m., the Lord Mayor will present the condensed invitation at halftime (Fort Myers High School vs. South Fort Myers), that evening.

If you would like to support or sponsor a student on this amazing adventure, please send a check, made payable to FMHS Band Boosters, to:

Fort Myers High School, Attn: Mark Dahlberg, 2635 Cortez Blvd., Fort Myers, FL 33993, For more information, call 334-2167.

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Call 395-1213

Culligan City Of Palms Classic Moving To FSW

Officials of The Culligan City of Palms Classic and Florida SouthWestern State College (FSW) announced an agreement to move the beloved 43-year-old boy's high school basketball tournament from its 22-year home at Bishop Verot Catholic High School to the Suncoast Credit Union Arena at FSW in 2016.

The new 75,000-square-foot, 3,300-seat Suncoast Credit Union Arena, which is currently under construction and is slated for completion in the fall of 2016, was chosen for its ability to accommodate the growing tournament well into the future. In the meantime, basketball fans can purchase tickets for the 2015 Classic, to be held at Bishop Verot, starting October 1 at cityofpalmsclassic.com.

"We value the hospitality and wonderful memories Verot has afforded us, and we cannot overstate how instrumental our partnership has been in the success of the Classic over the last couple of decades," Tournament President Bill Pollock said. "The school and administration has had a large hand in building the tournament to the point where we needed to seek out a new venue that will offer the facilities and space needed to ensure a great experience for players and fans far into the future."

"FSW is very pleased to host this prestigious event in our Suncoast Credit Union Arena starting in 2016," said FSW President Dr. Jeff Allbritten. "The City of Palms Classic is a long-standing tradition in Fort Myers, which has set the standard when it comes to attracting exceptionally talented high school teams from around the country. Hundreds of these players have gone on to Division I teams and the NBA. It speaks volumes for the organizers of this event because of the caliber of teams that compete, and that such nationally recognized coaches and players like Mike Krzyzewski, Larry Bird and Doc Rivers have attended."



John Naylor announced a five-year agreement with FSW



Carl McAloose, John Naylor and Jeff Allbritten

FSW (then Edison Community College) hosted the City of Palms Classic from 1973 to 1983, and then again in 1990 and 1993.

"Verot administration, students, alumni, parents and volunteers should be proud of their contributions to the success of the Classic," Bishop Verot Principal Denny Dennison said. "As the tournament continues to build its excellent legacy into the future, I'm proud that we have had the privilege of seeing it become the standard by which all other basketball tournaments are judged. And I know the Black & Gold family will continue its generous support of the tournament even after it's in its new home."

Culligan returns for its third year as Title Sponsor, and Enterprise Rent-A-Car is Presenting Sponsor for the second year. Official apparel and game ball provider, Nike, has given the Culligan City of Palms Classic its blessing to integrate its iconic "swoosh" into the tournament's elegant new logo.

The 2015 Culligan City of Palms Classic runs December 18 through 23 at Bishop Verot Catholic High School. Visit cityofpalmsclassic.com for all the information on this not-for-profit tournament featuring the top-ranked players and teams, including visitor information, ticket sales, schedules, team information, history, sponsors and sponsorship opportunities, eNewsletter signup, a tournament bracket, scores and stats, information on how to lend financial support as a Friend of the Classic, and much more.✱

Tax Collector's Office Hosts Free Public Seminars

The Lee County Tax Collector's Office will offer community education seminars this fall, focusing on property taxes, driver licenses, vehicle registration and concealed weapons services. Join Tax Collector Larry Hart and hear from agency experts who will offer information and answer questions.

Six sessions will be offered at library locations across Lee County. Learn about your property tax bill including taxing authorities and non-ad valorem taxes. Get the checklist and ask about required documents for Florida driver licenses. Find out about Florida insurance requirements and when to surrender a license plate. Find out about new services offered, including concealed weapons applications and renewals.

Upcoming seminars will be held:

- Friday, September 18, 10 to 11:30 a.m., South County Regional Library, 21100 Three Oaks Parkway.
- Thursday, September 24, 10 to 11:30 a.m., Fort Myers Regional Library, 2450 First Street.
- Wednesday, October 14, 10 to 11:30 a.m., East County Regional Library, 881 Gunnery Road North.
- Tuesday, October 27, Noon to 1:30 p.m., Bonita Springs Public Library, 26876 Pine Avenue.
- Wednesday, November 4, 10 to

11:30 a.m., Lakes Regional Library, 15290 Bass Road.

- Monday, November 16, 10 to 11:30 a.m., Cape Coral Library, 921 SW 39th Terrace.✱

FGCU Founder's Cup Golf Tourney

Florida Gulf Coast University's annual Founder's Cup Golf Tournament will tee off on Friday, October 9 at Quail Creek Golf Club in Naples.

"The Founder's Cup Golf Tournament supports scholarships and a variety of programs that help to create the best education experience for our students," said Christopher Simoneau, FGCU Foundation Executive Director and Vice President for Advancement. "It has been a tradition since before the University opened its doors."

This year, the fundraiser celebrates its 24th year. Since its inception, the tournament has raised more than \$1.3 million – including \$116,000 last year – for programs that support academic excellence, scholarships, student success, intercollegiate athletics and FGCU's community and regional impact. These same five initiatives form the foundation of the university's \$100 million campaign, which launched in 2014 and is set to conclude in 2017 for the university's 20th Anniversary Celebration.

"The Founder's Cup celebrates the history of FGCU and provides a signifi-

cant financial boost to the University's mission in support of students, faculty and staff," Simoneau said. "We truly appreciate the commitment of the many sponsors and community supporters who believe in higher education."

The event will begin with a buffet luncheon at 11:30 a.m. at the Quail Creek clubhouse. Golfers will begin play at 1 p.m. with a shotgun start on the club's two championship courses. Following tournament play, golfers will enjoy a dinner buffet and awards reception.

Each year, the event receives support from a number of Southwest Florida's leading companies. Joe Gammons of Office Furniture and Design Concepts, Inc. and chair of the event, shared, "As a local company, we are happy to help support Florida Gulf Coast University."

We consider this an investment in the workforce of tomorrow."

Other supporters of the event include: Johnson Controls, United Mechanical Inc., Wayne Wiles Floorcoverings, Wright Construction Group, B&I Contractors Inc., Maddox Construction Company, Enterprise Rent-a-car, Arthrex, Dr. Ben Hill Griffin III, Millennium Physician Group, Estero Bay Chevrolet, Service Painting Florida, United Mechanical Inc. and Univision.

Sponsorship opportunities are still available at several levels, and donations are being accepted for the auction. For more information on sponsorships, donations or registration for the 2015 Founder's Cup, contact Lindsey Touchette at 590-1016.✱

Low Impact Aerobics Offered At North Fort Myers Rec Center

Every Saturday from 10 to 11 a.m. and every Monday from 6:30 to 7:30 p.m., the North Fort Myers Recreation Center will offer Low Impact Aerobics with instructor Silvia Villanueva. With easy to follow routines that adjust to your intensity level, the class is intended for adults 18 and over. Participants will burn calories even after you finish.

Drop in fee for each class is \$5; a \$10 facility membership is required to participate in all programs.

The North Fort Myers Recreation Center is located at 2000 N. Recreation Park Way. For more information, contact: Tiffany Vance, Lee County Parks & Recreation, at 533-7205, tvance@leegov.com or Betsy Clayton at 826-4606 or bclayton@leegov.com.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, This may sound like a strange problem but I am worried about my 8-year-old daughter who is not drinking enough water at school. She doesn't

get many bathroom breaks at school and I know that she is hesitant to ask for one. Is this something I should be worried about?

Jodi M., Fort Myers Beach

Jodi,

Your daughter is not alone. A recent study showed that many American children and teens aren't consuming enough liquids, especially water, and that lack of hydration could affect their physical and mental health. Study author Erica Kenney, a postdoctoral research fellow in social and behavioral sciences at the Harvard School of Public Health, said in a Harvard news release, "Even though for most of these kids this is not an immediate, dramatic health threat, this is an issue that could really be reducing quality of life and well-being for many, many children and youth and under-hydration can pose real health risks for children."

"Children can be more susceptible to dehydration than adults," said Nancy Cooperman, who directs public health

initiatives at North Shore-LIJ Health System in Great Neck, New York. That, "coupled with an already impaired hydration status, can have physiological problems such as neurological issues, increased demands on their kidneys and heat stroke," she explained. Even mild dehydration can cause headaches, irritability, poor circulation, reduced physical performance and poorer mental functioning.

Another expert wasn't surprised by the findings. "Lack of water ingestion is a significant issue for America's children, with multiple causes," said Dr. Ron Marino, associate chair of pediatrics at Winthrop-University Hospital in Mineola, New York. "During the school day, access to water may be limited, and many children may even avoid consuming water because they prefer not to use the bathrooms at school," he said. "This may stem from lack of privacy, embarrassment, or even bullying or other risks associated with being in the bathroom."

However, "the good news is that this is a public health problem with a simple solution." "The study indicated that by increasing water intake by one cup or eight ounces per day, hydration was improved," said study researchers.

"If we can focus on helping children drink more water – a low-cost, no-calorie beverage – we can improve their hydration status, which may allow many children to feel better throughout the day and do better in school," study senior author Steven Gortmaker, a professor of the practice of health sociology, said in the news release.

Here are some tips for parents to

help boost their child's water intake:

- "Keep water cold. Add frozen water bottles to a child's lunch pack," she said. The bottles will keep their lunch cold and thaw throughout the day so they are cool to drink. Cold water tastes better to children than room temperature.

- "Don't rely on a child's thirst. Thirst is not a good indicator of hydration," Children need to have access to water throughout the day.

- "Try infusing water with fruit (such as oranges), vegetables such as cucumbers, or herbs (such as mint) to give the water a flavor without adding extra sugars.

- I would encourage you to discuss this issue with her teacher, as she may not be aware of your daughter's discomfort in asking for a bathroom break. Her

teacher may be willing to use a silent signal, like two fingers raised, with your daughter so she could ask to use the bathroom without notifying the entire class. In any case based on this study's research it appears that boosting her water intake at home may be enough to keep her hydrated sufficiently.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Technical Colleges Offer Additional Enrollment For Select Programs

While the fall semester is under way, Cape Coral Technical College and Fort Myers Technical College are now enrolling students for select programs with classes beginning in October and November. Program start dates vary, with a majority of classes beginning October 7.

At Cape Coral Technical College, programs now accepting enrollment include Medical Administrative Specialist, Network Support Services, Digital Design, Culinary Arts, Computer Systems and Information Technology, Electronics Technology, Medical Coding and Billing, Business Management and Accounting.

Cape Coral Technical College is also enrolling students for its Cosmetology program, starting November 6, and other programs at the college will have individual starting times. Cape Coral Technical College will waive Test of Adult Basic Education (TABE) testing and registration fees for incoming students.

Fort Myers Technical College is offering an additional enrollment opportunity for students interested in Medical Administrative Specialist, Medical Coding and Billing, Administrative Specialist, Air Conditioning, Carpentry, Culinary Arts, Electronics, Technology, Appliance Repair, Plumbing, Web Application and Development programs.

In addition, Fort Myers Technical College is enrolling students in its Early Childhood Education program, starting November 9 and in the college's new Cyber Security program, starting November 16.

Cape Coral Technical College and Fort Myers Technical College prepare students for the workforce by offering job skills training in more than 30 professions. High-quality career training programs provided by Cape Coral Technical College and Fort Myers Technical College are designed to produce graduates who are workforce-ready for future careers. Financial aid is available to qualified students. For more information about enrollment for these programs, visit www.LeeTechColleges.com or call Cape Coral Technical College at 574-4440 or Fort Myers Technical College at 334-4544.*

New Courses Offered At FGCU

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) has launched a Certificate in Operational Excellence course. This high-energy program is applicable to hospitality, healthcare, service, financial, government, construction, education, manufacturing, and more.

The Certificate in Operational Excellence provides an understanding and application of the five key operational excellence elements: strategic approach, cultural leadership, project execution, methodologies, and tools. Participants will be able to immediately add value and contribute to the successful achievement of strategies and initiatives resulting in improved customer satisfaction, increased financial and business results, and an engaged work team.

The program's instructor, Rod Baxter, is certified as a Lean Six Sigma Master Black Belt, Manager of Quality/Operational Excellence, and Project Management Professional. He has led operational excellence, transformation and value generation journeys with several Fortune 500 companies, and has facilitated improvement initiatives in Asia, Europe, and the Americas. His book, "Operational Excellence Handbook," along with the companion, "Operational Excellence Toolbox," are provided to each participant.

"Certificate in Operational Excellence" runs every other week on five Tuesdays 8 a.m. to 5 p.m., Oct. 20 to Dec. 15, and is \$895 including lunch each day.

For registration information, call 425-3270, email continuinged@fgcu.edu or visit www.fgcu.edu/ced.*

Welcome Centers Recognized

Lee County can roll out an even bigger welcome mat to visitors at its new certified welcome centers.

In correlation with a new Visit Florida program, the Lee County Visitor & Convention Bureau's (VCB) Welcome Center at the Southwest Florida International Airport (RSW), the welcome center at the Edison & Ford Winter Estates, and the welcome center at The Sanibel-Captiva Islands Chamber of Commerce are officially Florida Certified Tourism Information Centers (CTIC).

The Visit Florida Certified Tourism Information Centers (CTICs) Program brings Visit Florida recognition to visitor services facilities around the state, providing these facilities and their staff with benefits that enable successful promotion of travel to and throughout Florida.

"Visit Florida is not looking to franchise visitor centers," said David Dodd, Visit Florida vice-president of visitor services. "The Visit Florida Certified Tourism Information Center Program is focused on presenting a consistent Florida message and a quality Florida experience for all visitors to the Sunshine State."

To become an official Florida Certified Tourism Information Center, visitor centers must meet requirements speci-

fied by Visit Florida, such as: centers must be a Visit Florida Partner, centers must be open year-round at a minimum of five days per week, centers must be located in a convenient and accessible location for the ease of travelers, and centers must have access to parking and restroom facilities to accommodate visitors including persons with disabilities.

"We are very happy to be included in this prestigious roster of new Visit Florida CTICs from across the state. With our team of volunteer tourism ambassadors greeting nearly 300,000 vacationers annually, this provides an extra layer of service excellence to our visitors," Judi Durant, director of VCB Visitor Services said. "It is a pleasure to be recognized as an official CTIC welcome center in this program with our Lee County partners, the Edison Ford & Winter Estates and the Sanibel-Captiva Islands Chamber of Commerce."

All Florida Certified Tourism Information Centers receive additional benefits from the program, including: a brochure display at all Visit Florida Welcome Centers, vacation guides, Florida state maps, certification signage, and access to a state of Florida network with other tourism professionals. In addition, Statewide Information Specialist Certification is being offered to all employees at a Florida Certified Tourism Information Center.

Visit www.fortmyers-sanibel.com for information on The Beaches of Fort Myers & Sanibel.*

Financial Focus

Best Response To Volatile Markets? Stay Calm



by Jennifer Basey

In recent months, stocks have fallen sharply from their record highs, with one-day drops that can rightfully be called “dizzying.” As an investor, what are you to make of this volatility?

For one thing, you’ll find it useful to know the probable causes of the market gyrations. Most experts cite global fears about China’s economic slowdown, falling oil prices and anticipation of a move by the Federal Reserve to raise interest rates as the key factors behind the stock market’s decline.

On the other hand, the U.S. economy is still doing fairly well. Employers are adding jobs at a pretty good clip, wages are rising, home prices are up and overall economic growth has been reasonably solid. In other words, we are in a vastly better place than in the period before the Great Recession of 2008 and early 2009, when the financial markets bottomed out.

Nonetheless, it’s only natural that you might feel some trepidation over what’s

been happening in the financial markets over the past few weeks. So, what should you do? Here are a few suggestions:

- Expect more of the same. Be prepared for more volatility, potentially including big drops one day followed by big gains the next. Until the factors considered responsible for the current volatility – that is, China’s slowing economy, low oil prices and the Federal Reserve’s decision on rates – have been fully absorbed into the market’s pricing mechanisms, big price swings, one way or another, are to be expected.
- Don’t panic. The headlines may look grim, but today’s newspapers are tomorrow’s recycling pile. Volatility is nothing new, and the financial markets are more resilient than you may think.
- Look for opportunities. By definition, a downturn occurs when investors sell massive amounts of stocks, but it actually may be a good time to buy them, while their price is down. Look at the most successful businesses and their products and services. If you can envision these companies still being around and thriving in 10 years, why wouldn’t you want to buy their stocks at potentially lower prices?
- Diversify. During the downturn, just about everyone’s portfolio was affected. But if yours took a particularly large hit, it might be because your holdings are over-concentrated in stocks, especially the types of stocks that fared the worst. You may need to further diversify your portfolio through a mixture of domestic and international stocks, bonds, government securities, real estate, certificates of

deposit (CDs) and other vehicles. Diversification, by itself, can’t guarantee a profit or prevent against all losses, but it can help blunt the harshest effects of volatility.

- Review your investment strategy. Unless your goals have changed, there’s no reason to revise your long-term investment strategy, even in the face of wild fluctuations in the financial markets. Still, it’s always a good idea to review your strategy at least once a year, possibly in consultation with a financial professional. You may need to make smaller-scale adjustments in response to changes in the economy, interest rates and so on, but don’t abandon your core principles, such as maintaining a portfolio that reflects your goals, risk tolerance and time horizon.
- Investing will never be either risk-free or predictable. But by taking the steps described above, you can relieve some of the stress associated with volatility and help yourself stay on track toward your financial objectives.

Past performance does not guarantee future results. Investors should understand the risks involved of owning investments, including interest rate risk, credit risk and market risk. The value of investments fluctuates and investors can lose some or all of their principal. Special risks are inherent to international investing, including those related to currency fluctuations and foreign political and economic events.

*Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Technical Assistance Grant Awarded Locally

The Florida Department of Economic Opportunity’s (DEO) Division of Community Development recently awarded Community Planning Technical Assistance grants to 38 communities across Florida. The purpose of the grants is to assist counties and municipalities in developing economic development strategies, meeting the requirements of the Community Planning Act, addressing critical local planning issues, and promoting innovative planning solutions to challenges identified by local government applicants. DEO awarded \$1.3 million in grants for 2015-16.

“The experienced and knowledgeable community planners at DEO provide excellent assistance to communities in need,” said DEO Executive Director Jesse Panuccio. “Through these grants, DEO is working to ensure all communities have the tools to make informed decisions about community, economic, and workforce development.”

Since 2011-12, DEO has received funds to provide grants to local governments and regional planning councils. Community Planning Technical Assistance grants are for one fiscal year and are available to counties and municipalities. Regional Planning Councils may also be eligible for projects at a regional scale that include more than one county.

“Community Planning Technical Assistance grants allow DEO to support planning and development projects in communities by working closely with local leaders,” said William B. Killingworth, Director of the Division of Community Development. “Providing expert technical assistance can be a vital element, especially in small communities, to help make their visions of the community a reality.”

Grant funding is delivered to the community after performance deliverables in the contract are met. The Community Planning Technical Assistance grants for 2015-16 includes \$30,000 to the City of Fort Myers.*

AppleJuice

Using Apple AirDrop – Between Your iPad, iPhone And iPod Touch



by Carol Rooksby Weidlich, President, SWACKS

Today, we’ll talk about using AirDrop between your Apple devices to transfer files quickly, securely and wirelessly.

Remember when using AirDrop, these devices need to be within 25 to 30 feet of each other, have AirDrop and “Bluetooth” enabled, “Wi-Fi” turned on, and the most important thing – it needs to be awake and active, not turned off.

To enable “Wi-Fi” on your devices, go to “Settings” > “Wi-Fi” and move the slide to green. To enable “Bluetooth,” it’s your next settings option, again move the slide to green. Make sure AirDrop is enabled by sliding the access to the Control Center from the bottom of your device screen. Tap AirDrop and choose “Contacts Only” or “Everyone.” Using the “Off” setting turns AirDrop off.

On the Apple device that you want to send from (for example, your iPhone), find a file such as a photo and press the

share button. Now tap the receiving device’s icon you want to share the file with, in this case an iPad. Both the iPhone and the iPad will have a line bending around a circle, which means it’s sending the photo to the second device instantly, not asking for permission because both devices share the same iCloud account. Sending the same photo to a different Apple device, the receiver will be asked if they want to accept the transfer.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m. (with the exception of July and August) at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.*

FGCU Partners With Microsoft For 2015 Access To Technology Fair

The Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University (FGCU) has partnered with Microsoft and event sponsor, Simplified Technologies, to host the 2015 Access to Technology Fair and Trade Show Wednesday, September 23 from 8 a.m. to noon at the Holiday Inn, Fort Myers Airport, 9931 Interstate Commerce Drive in Fort Myers. The event is a free educational and technology-based event for business owners and their operations staff.

Space is limited and participants are encouraged to register early. Register online at www.fsbdcswfl.org, or call 745-3700 to register by phone.*

From page 16

Songwriter Fest Matanzas

Performances are free and open to the public.

For a complete listing of performances and additional information on the artists, visit www.IslandHopperFest.com. All festival-goers are encouraged to use the festival hashtag #IslandHopper on social media.

Matanzas on the Bay and Petey’s Upper Deck are located at 416 Crescent Street on Fort Myers Beach on Estero Bay. For more information, call 463-3838 or visit www.Matanzas.com.*

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dearRPharmacist

How Weird Folk Remedies Can Help You



by Suzy Cohen, RPh

Dear Readers: I pour through studies and research constantly to bring you the latest news, hot off the press either before it's published, or soon after. Take a look at the following natural "folk"

remedies which improve health and well being. If you want more folk remedies, the longer version of this can be emailed to you; just sign up for my newsletter at my website.

First up, help for alcoholism. Dandelion (*Taraxacum Officinale*) is an herb that can help with withdrawal and liver problems. It's a diuretic too. Also, plain niacin, about 100 mg two or three times daily can cut cravings.

Drink tea, chamomile can slash risk of death by 29 percent in women over age 65, not men. No one is sure why, but according to the study conducted at The University of Texas, drinking chamomile tea is the bomb! The effect on your mortality may have to do with it's strong anti-inflammatory, antibiotic and anti-platelet

(blood-thinning) properties.

Kiss more. If you only kiss during sex, you're more eight times more likely to feel chronically stressed, and possibly depressed. A study of 2,000 couples from Northwestern University proved this. Pucker up outside the bedroom, or backseat, or wherever.

Burdock root is a diuretic, and can help you eliminate fluid if you have edema. You can drink it as a tea for a milder effect. If you cool the tea, and apply it topically with a compress, it helps with psoriasis, eczema or other skin irritations.

Cramp bark (*Viburnum opulus*) can help alleviate menstrual cramps, irritability and PMS symptoms. Take it for a few days during that special time of the month. You can buy it as a tincture or supplement.

Since I promised you "weird," I will now deliver: Toad skin for non-Hodgkin's lymphoma. Yung-Chi Cheng, a Yale professor of pharmacology in New Haven, Connecticut is the lead researcher who published the news last March showing that "Huachansu," a compound in toad skin, enhances Bayer AG's cancer drug Nexavar. The toads they use are Bufo gargarizans, in case you want to put a face with the name.

More weird. Turtles, specifically their upper shell, not their cute slow-moving feet. Pelodiscus sinensis is the name of the critter, from which a patented Chinese medicine is derived and used for cancer and sometimes HIV/AIDS.

One of the most lethal bugs known to

continued on page 24

Doctor and Dietitian

The Diet Soda Craze

by Ross Hauser, MD
and Marion Hauser, MS, RD

There has been quite a surge of interest in the affect diet soda has on the body recently. What does it all mean, and is diet soda a good choice? In efforts to lose weight, many folks turn to diet soda, in a seemingly health-conscious choice to save all of those unwanted calories found in sugary soft drinks, and yet still satisfy that sweet, bubbly craving.

Some reputable health websites tell us a few diet sodas a day won't hurt. However, the latest research actually does point to the fact that daily consumption of diet soda is associated with significantly greater risks of Metabolic Syndrome and Type 2 Diabetes, in addition to other harmful health impacts.

The consumption of artificially sweetened beverages has also been linked to obesity and increased waist circumference. How is that possible? The artificial sweeteners confuse your brain. Diet drinks alter the reward processing of sweet taste in the brain, leaving it desiring more and more sweet to be satisfied. Over the course of a decade, the waist circumference of those who drink diet soda daily, and even those who drink it occasionally, has been shown to increase three to four times that of nonusers.

Consider also the psychological factor. If the soda has no calories, then there is the sense of freedom to indulge or to justify the extra slice of pizza or big scoop of ice cream for dessert.

Diet soda is simply not a healthy choice. It does not do your body any good, but can ruin your smile, give you headaches, weaken your bones, put on the pounds and leave you wanting for more. Stick to purified water or natural sparkling water for those who crave the fizz.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I guess we should feel blessed because our boomer children have been very successful in their chosen fields. But that isn't always the case. These adults are so self-confident, and because of their success in their chosen profession, think they absolutely know everything about everything and what they don't know is really not important. They never ask us for any advice, and if we volunteer our experience in our own area of specialty, we are quickly told our experience is irrelevant.

We are quickly becoming disinterested

and now hardly care what they do or say, but we question how these people deal with each other. When they all feel only they know what is right, how do they deal with other people?

Beverly

Dear Beverly,

This problem I have also observed. Many young people think that the world started the day they were born and that older people are absolutely stupid. Many older people do not have the formal education like the younger generation, but they have far more common sense. Many of the younger generation were given assertiveness training, even before kindergarten, and I guess it is a dog-eat-dog, eat-or-be-eaten environment and it is all survival of the fittest.

Aren't you glad that we lived in a kinder and gentler world?

Lizzie

Dear Beverly,

I am convinced there are always two sides to every story. While I hear and understand your side of the story with your adult children, I can guess your adult children's side of the story. My first guess is that they feel you do not treat them as adults but as kids that have not graduated from middle school despite being well educated and successful in their own right, professionally and personally.

The parent-child relationship is the most basic and – at times – the most difficult relationship to understand. It seems to me changing the way you communicate with your adult children is a better choice than not talking with them and


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Every Day Is Falls Prevention Day At Hope HealthCare Services

Mostly everyone has heard of Tai Chi, an ancient Chinese tradition that today is practiced as a graceful form of exercise involving a series of simple, continuous, rhythmic and functional movements performed in a slow, focused manner accompanied by deep breathing. Research has proven that with regular practice, Tai Chi can improve functional balance and the performance of daily activities and reduce the risk of falling.

According to the Centers for Disease Control and Prevention, millions of adults aged 65 and older fall each year and suffer injuries ranging from hip fractures to head trauma. Falls often result in a loss of independence and a decline in health. In 2013, about 25,500 older adults died from fall injuries.

While September 23 is officially Falls Prevention Day, Hope HealthCare Services recognizes the importance of balance all year long by offering Tai Chi classes through the Hope Parkinson Program. Participants find that practicing Tai Chi helps improve balance, gait, walking ability and coordination by developing lower extremity muscle strength in those with Parkinson's.

People over 60 years of age who would like to work on their balance are invited to attend Hope Parkinson Program's weekly Tai Chi Open Practice Classes held Mondays at 3 p.m. in the Hope Cape Community Room, and Wednesdays at 2:30 p.m. at Hope HealthPark Community Room. There is no cost to attend, and no RSVP is required.

Hope Parkinson Program participants can enroll in a new Tai Chi class with modified moves to accommodate those with mobility issues. EZ Seated Tai Chi combines the benefits of a traditional Tai Chi class with the safety of a chair. The six-week workshop is offered Wednesday afternoons from October 14 through November 18 in the Hope HealthPark Community Room from 1 to 2 p.m. Pre-registration is required. To learn more, call 985-7727 or email Michelle.Martin@HopeHCS.org.

Hope's Tai Chi workshops are designed around an evidenced-based falls prevention program developed by the Oregon Research Institute and recommended by the Centers for Disease Control, the National Council on Aging, and the Administration on Aging.

To learn more about Hope HealthCare Services programs, including Hope Parkinson Program, Hope Hospice, Hope Kids Care, Hope PACE (Program of All-Inclusive Care for the Elderly), Hope Palliative Care, Hope Visiting Nurses and other home care services, call 482-4673 or visit www.HopeHCS.org.

Rabies Shot Promotion At GCHS Clinic

The clinic at Gulf Coast Humane Society will be promoting a five dollar discount on Rabies vaccines during the month of September. This is in support of the End Rabies Together theme for World Rabies Day on September 28. This theme builds on previous themes to highlight the ongoing importance of global commitment across sectors to effectively end the spread of rabies and save both human and canine lives. Rabies vaccines will be reduced during the month for clients with appointments at the GCHS Clinic. All appointments must be placed and seen at the clinic in the month of September to take advantage of the specials.

Also available at the GCHS Clinic will be private brand-labeled products to help pet owners. This includes Krill Oil shed-free soft chew treats that help reduce shedding, improve coat, and provide relief from itchy and irritated skin. An ear cleaner, shampoo and body spray infused with the essence of sweet pea and vanilla is also available.

In addition, products like Goodbars low-fat treats used to help administer



pill giving, and Zoom Chews, a joint supplement, are now also under private brand label. Benzoyl Peroxide, a broad-spectrum antimicrobial shampoo and Ketoconazole & Cloroxyleneol, a broad spectrum antifungal and antimicrobial formula shampoo and wipes are also available for purchase.

"We are excited and pleased to offer affordable prices on products and services for the community in an effort to help their pets live a long and healthy life," said Gloria Letendre, Clinic Manager.

The GCHS Clinic is located at 2685 Swamp Cabbage Court in Fort Myers. Appointments can be made by calling 332-2719.

For more information about the events with the Gulf Coast Humane Society, call 332-0364 or visit www.gulfcoasthumane-society.org.

Kovaz Earns Degree

David M. Kovaz, a resident of Fort Myers, earned a doctor of philosophy degree in psychology from the University of Memphis during its commencement ceremony held on August 8.

From page 23

Folk Remedies

man is MRSA (short for Methicillin Resistant Staphylococcus Aureus), and scientists have discovered that compounds in "Sweet Chestnut" leaf can paralyze the superbug. More specifically, the "ursene" and "oleanene" block staph's ability to destroy tissues. No one has studied its effect in human MRSA patients, however, people have been cultivating this for centuries so I see no harm in drinking the tea, or trying an herbal extract. The botanical name is *Castanea sativa*.

Make a natural deodorant using clary sage essential oil. Put 15 drops of it in a spray bottle with 1/2 cup witch hazel and 1/4 teaspoon baking soda.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

From page 23

Mom And Me

becoming resentful. Learning to live and love as a family is a life-long journey, ever changing with the different twists and turns that life brings.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

Parkinson Program Community Education Event

Talking about issues related to end-of-life or care when someone has a serious illness is not the easiest thing to do. However, having the conversation ahead of time is one of the most valuable gifts you can give your loved ones.

Hope HealthCare Services Parkinson Program invites the public to Hope for the Best, Plan for the Rest, an educational event to help you plan for your future health needs. It will be held Friday, October 9 from 1 to 3 p.m. at the Hope Cape Coral Community Room, 2430 Diplomat Parkway East in Cape Coral.

The afternoon will begin with *Consider the Conversation*, a moving and thought-provoking film. Afterwards, Rev. Dr. Lt. Col. Jonathan Scalone, MA, DMin, USAF (Ret), will lead a discussion on how to use the Five Wishes advance directive forms that can provide guidance for loved ones based on one's own personal, emotional and spiritual needs.

Participants will also learn about receiving health care in their own homes – even during serious illness – through Hope Home Health, Hope Palliative Care, Private Duty Nursing and Hope Hospice programs.

Refreshments will be served. There is no cost to attend, but seating is limited and reservations are required. Call 985-7727 or email Michelle.Martin@HopeHCS.org.

American Heart Association Underscores Surgeon General's Call

American Heart Association CEO Nancy Brown issued the following comments regarding an announcement from the surgeon general:

"The American Heart Association applauds Dr. Vivek H. Murthy on his leadership in urging our nation to walk more through Step It Up! The emphasis in this call to action is one that we should all take to heart – access to safe places to walk, bike and wheelchair roll ensures that people of all abilities can lead active lives and have healthier hearts.

"Each year, we help get millions of Americans moving and advocate for community solutions that save countless lives across the country. We join in the surgeon general's call to action to promote walking and walkable communities for everyone, whether walking on foot or rolling in wheelchairs. Communities with streets that include bike lanes, sidewalks and crosswalks improve everyone's health by making it easier and safer to be active. We know walkable communities increase physical activity, reduce accidents and get more eyes on the street.

"Congress is currently working on long-term legislation that would reauthorize federal transportation programs. We must provide more safe and accessible ways for Americans to walk or bike their way to better health. As Congress moves closer to finalizing the transportation bill, we urge members to maintain strong financial support for these programs and give future generations the right of way to a healthy life.

"Furthermore, as cities and states across our nation utilize federal transportation dollars, we urge leaders to commit their own resources to designing streets built to be shared, so their own communities come to life with the bustling of neighbors bicycling to work, walking kids to school, taking a morning jog, or walking to the bus or train station."

Our email address is press@riverweekly.com

DID YOU KNOW

TRIVIA TEST

1. GEOGRAPHY: In what country is the city of Sao Paulo located?
2. MUSIC: What singer made the song “Mack the Knife” famous?
3. HISTORY: When were the anarchists Sacco and Vanzetti executed for crimes that they may not have committed?
4. LITERATURE: Who wrote the children’s book “Charlotte’s Web”?
5. EDUCATION: Which field of study has been described as “the dismal science”?
6. U.S. PRESIDENTS: Which president’s nickname was “Old Hickory”?
7. MATH: What is the decimal equivalent of the fraction 3/4?
8. MOVIES: What film features the theme park “Walley World”?
9. ASTRONOMY: In which constellation is the Big Dipper located?
10. GENERAL KNOWLEDGE: What does a sphygmomanometer measure?

ANSWERS

1. Brazil 2. Bobby Darin 3. 1927 4. E.B. White 5. Economics 6. Andrew Jackson 7. 0.75 8. “National Lampoon’s Vacation” 9. Ursa Major 10. Blood pressure.

My Stars★★★★

FOR WEEK OF SEPTEMBER 21, 2015

ARIES (March 21 to April 19) Personal matters claim a good deal of the Lamb’s time in the early part of the week. But by midweek, pragmatic considerations (work, school, job-seeking, etc.) begin to take priority.

TAURUS (April 20 to May 20) The seasonal shift ignites the Bovine’s creative aspects. You could do well if you try to combine your penchant for innovation with the more pragmatic demands of the week.

GEMINI (May 21 to June 20) Ideas come easily to you this week. And never mind that some might suggest they’re unworkable and/or impractical. It’s your vision that counts. Work them out and see what turns up.

CANCER (June 21 to July 22) Personal matters continue to dominate the early part of the week. By midweek, more workaday issues once again begin to emerge. Balance your time to give both the attention they need.

LEO (July 23 to August 22) A new contact could provide an expanded opportunity. But be sure you get all the facts before you consider signing on. Ask questions, and be wary if you don’t get the right answers.

VIRGO (August 23 to September 22) An unexpected development could cause some supposedly resolved disagreements to reignite. Deal with the situation before it leads to some really serious problems.

LIBRA (September 23 to October 22) A clash of work-linked viewpoints needs to be discussed openly, honestly and calmly by all concerned before it can impede progress on an ongoing project.

SCORPIO (October 23 to November 21) The Scorpion’s pragmatic side helps you accept the possibility that a change of plans might be the wise thing to do. Be sure to weigh all your considerations carefully.

SAGITTARIUS (November 22 to December 21) Some people might not take no for an answer. Never mind. Keep your resolve if you’re sure you don’t want to be involved in a potentially sticky situation.

CAPRICORN (December 22 to January 19) All other facts and figures aside, it’s what you learn about potential colleagues that can be most helpful in assessing any decisions you’re likely to make regarding a new project.

AQUARIUS (January 20 to February 18) You might want to reconsider some of your outside commitments if they continue to demand more time than you can spare. Be honest with yourself when making a decision.

PISCES (February 19 to March 20) Pay attention to that inner voice of Piscean wisdom counseling you to remove those rose-colored glasses and take an honest look at any decisions you might face this week.

BORN THIS WEEK: You have a penchant for persuasion that would make you a fine candidate for a political career.

THIS WEEK IN HISTORY

- On Sept. 26, 1580, English seaman Francis Drake returns to England, becoming the first British navigator to sail around the world. Drake had set out from England on Dec. 13, 1577, with five ships on a mission to raid Spanish holdings on the Pacific coast of the New World.

- On Sept. 27, 1869, in Kansas, Ellis County sheriff Wild Bill Hickok responds to a bar brawl and kills one man. Weeks later he killed a second man in the name of law enforcement. While his brutal ways were effective, local citizens were less than impressed. At the next election Hickok was voted out.

- On Sept. 22, 1953, the world’s first four-level interchange opens in Los Angeles at the intersection of the Harbor, Hollywood, Pasadena and Santa Ana freeways -- 32 lanes of traffic weaving in eight directions at once.

- On Sept. 23, 1969, the trial for eight anti-war activists charged with the violent demonstrations at the 1968 Democratic National Convention opens in Chicago. The trial turned into a circus as the defendants used the court to attack President Richard Nixon, the war, racism and oppression.

- On Sept. 25, 1978, a Pacific Southwest Airlines 727 jet collides in mid-air with a small plane over San Diego, killing 153 people. The Cessna’s student pilot did not comply with air controller instruction to keep the plane below 3,500 feet altitude.

- On Sept. 21, 1989, the Senate Armed Forces Committee unanimously confirms President George H. Bush’s nomination of Army Gen. Colin Powell as chairman of the Joint Chiefs of Staff. Powell became the first black American to achieve the nation’s highest military post.

SPORTS QUIZ

1. When was the last time before 2014 that the Baltimore Orioles swept a playoff series?
2. Name the last major-league team to hit .300 or better for a season.
3. In 2014, South Carolina football coach Steve Spurrier recorded his 200th SEC victory as an SEC coach. Who else has hit that mark in the SEC?
4. Who was the only Norwegian to play in the NBA?
5. In 2015, Boston University’s Jack Eichel became the second freshman to win the Hobey Baker Award as the top player in college hockey. Who was the first?
6. When was the last time before 2015 that Juan Pablo Montoya won an IndyCar race on a road or street course?
7. How many years passed between Serena Williams’ first and second singles titles at the French Open?

ANSWERS

1. The Orioles swept Oakland in 1971. 2. The Boston Red Sox hit .302 as a team in 1950. 3. Paul “Bear” Bryant (292 wins) and Vince Dooley (201). 4. Torger Bryn, with the Los Angeles Clippers in the 1989-90 season. 5. Maine’s Paul Kariya, in 1993. 6. It was 1999, in Vancouver. 7. Eleven years (2002 to 2013).

- On Sept. 24, 1996, bestselling author Stephen King releases two new novels at once. “Desperation” was released under King’s name, while “The Regulators” was published under his pseudonym, Richard Bachman.

STRANGE BUT TRUE

- It was noted author and Nobel laureate Ernest Hemingway who made the following sage observation: Never think that war, no matter how justified, is not a crime. Ask the infantry and ask the dead. He would know; he volunteered as an ambulance driver on the Italian front during World War I.

- Poets, take note: The words orange, month, purple and silver have no rhyming words in English.

- Historians say that Queen Victoria didn’t like knocking at doors; she preferred scratching.

- If you’re interested in space, you are probably aware that the second person to walk on the moon was Buzz Aldrin. Most likely, though, you didn’t know that his mother’s maiden name was Moon. Aldrin kept this fact a secret from NASA -- he was evidently concerned that his bosses would think he was somehow trying to gain favor.

- Its been reported that in the early days of the Christian church, forks were considered to be inappropriate.

- Those who study such things say that deep-sea anglerfish mate for life -- the males life, anyway. The female is much larger than the male, and when they mate the male attaches himself to her abdomen where he remains, living as a parasite, until he dies.

- If you have detected the presence of the paranormal by olfactory means, you’ve experienced “clairalience.”

- The ancient Inca believed that an eclipse was caused when the mood goddess was under attack by a giant snake. Whenever this event occurred, the Inca made lots of noise, believing that the cacophony would scare the snake away.

THOUGHT FOR THE DAY

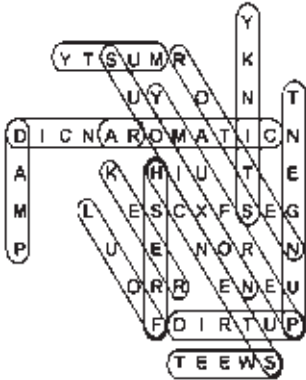
We now know that memories are not fixed or frozen, like Proust’s jars of preserves in a larder, but are transformed, disassembled, reassembled and recategorized with every act of recollection. -- Oliver Sacks

PUZZLE ANSWERS

T	A	P	E	D	S	T	A	I	R	S	E	O	G	P	U	M	P
A	L	E	R	D	T	H	E	S	E	A	T	A	N	G	E	N	T
C	L	A	I	H	E	A	H	I	A	G	A	H	B	O	R	D	A
H	U	N	T	F	O	R	W	O	O	D	E	N	S	T	A	T	J
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H	A	S	A	N	G	O	D	S	S	E	A	D	D	L			
A	B	A	I	R	K	L	I	A	R	I	R	V	J	E	T		
H	O	U	S	T	O	N	T	O	U	T	E	R	F	A	W	N	E
A	R	C	H	B	I	Z	M	E	S	A	S	O	C				
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U	S	A	A	I	M	S	O	W	N	I	H	I					
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R	A	N	K	I	O	A	G	G	A	X	S	H	Y	L	I	F	
A	B	B	E	S	A	C	I	F	I	G	S	O	B	E	R	S	
H	A	U	N	I	E	C	U	T	O	G	F	O	W	N	E	R	S
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T	W	O	T	H	O	U	S	A	N	D	F	O	U	R	T	E	E
S	P	O	O	K	I	E	H	E	Q	U	A	T	E	A	I	R	E
J	A	N	N	E	H	A	D	H	U	N	N	E	R	G	O	O	D
A	S	S	T	E	D	S	S	E	N	S	E	S	J	N	L	T	

A	M	I	R		C	L	E	F		M	O	W
C	O	N	E		A	I	D	A		O	N	E
H	O	N	E	Y	M	O	O	N		O	U	R
					K	E	E	N		S	E	N
A	D	M	E	N					B	O	G	S
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C	H	I	N	O		V	E	A	U			
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W	E	T			D	I	A	L		A	L	T

WORDS OF SMELL





Pan Roasted Vegetables with Garlic and Fresh Herbs

- 1 large eggplant, large diced (remove skin, if desired)
- 2 zucchini, large diced
- 2 large squash, large diced
- 2 bell peppers, seeded and diced large
- 6 cloves fresh garlic, minced
- 12 mushrooms, rinsed and quartered
- 1 large yellow onion, diced
- 1/4 cup fresh parsley, hand torn
- 2 teaspoons fresh oregano (or 1 teaspoon dried oregano)
- Canola or olive oil for cooking
- Sea salt to taste

Fresh ground pepper to taste
Pre heat a large-sized sauté pan over medium-high heat. Add 1 tablespoon of oil to the hot pan. Add half of the onion to the pan and cook for 2 minutes. Add half of the garlic and all the bell peppers to the onion mixture in the pan. Continue to cook the vegetables in the pan and add all of the yellow squash and zucchini to the pan.

Lightly season the cooking vegetables with salt and pepper. Let the vegetables cook until the squash is just crisp-tender (about two minutes). Remove the vegetables from the pan into a large serving bowl. Place the sauté pan back over the heat and use a spatula to remove any debris.

Once the pan is hot again, add 1 tablespoon oil and the other half of the diced onion. Let the onions cook for 2 minutes and then add the garlic, mushrooms and eggplant. Lightly season the



Pan Roasted Vegetables with Garlic and Fresh Herbs

cooking vegetables with salt and pepper. Let the vegetables cook until the eggplant is just tender (about 2 minutes).

Remove the vegetables from the pan and place them into the bowl with the other vegetables. Add the fresh herbs to the bowl of vegetables and stir to combine. Serve warm.✧

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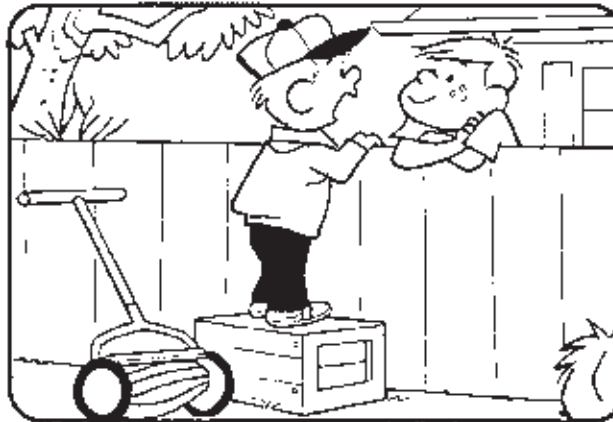
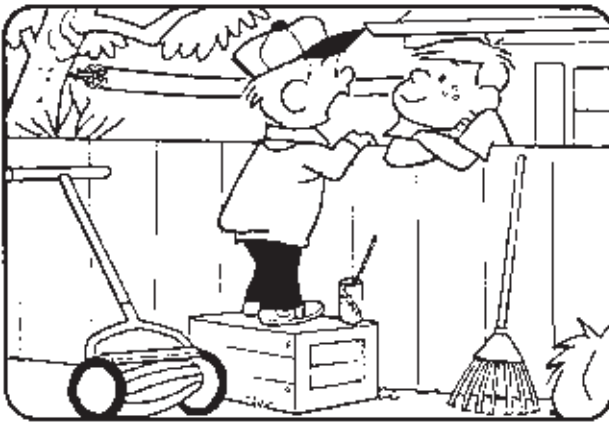


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HOCUS-FOCUSBY
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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Clothingline is missing. 2. Handle is shorter. 3. Sweathshirt is shorter. 4. Can is missing. 5. Crossed arms are switched. 6. Rake is missing.

"Must be for you—it's addressed to
_____, Jr."**SCRAMBLERS**

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Grow
TROUPS Ruling
DIRECTV Bright
NONE Gather
CURACE

TODAY'S WORD

answer on page 27

PUZZLE ANSWERS**SUDOKU**

8	7	5	4	1	2	3	9	6
2	6	9	7	8	3	5	4	1
3	1	4	6	9	5	2	8	7
1	2	7	5	6	8	4	3	9
6	4	3	9	2	7	8	1	5
5	9	8	3	4	1	6	7	2
9	3	1	8	5	6	7	2	4
4	8	6	2	7	9	1	5	3
7	5	2	1	3	4	9	6	8

SCRAMBLERS*solution*1. Sprout; 2. Verdict;
3. Neon; 4. Accrue*Today's Word***OCCUPANT****PROFESSIONAL DIRECTORY****CONTRACTOR****Home Improvements by
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*NS 7/3 BM TFN

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or 800-592-0009.
*NS 4/24 CC TFN

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*RS 1/4 CC TFN

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*NS 2/27 CC TFN

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*RS 1/23 BM TFN

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*NS 9/18 CC 10/9

ANNUAL RENTAL WANTED
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*RS 8/14 CC 9/18



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ANNUAL RENTALS SANIBEL

WATERFRONT HOME
This peaceful location is true Island Living. Looking over the water with boat dock, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF.
\$3,300/mo.

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*RS 9/18 BM TFN

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*RS 9/4 CC TFN

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*RS 3/21 CC TFN

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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2015	4,800	\$5,675,000	\$5,400,000	51
Whiskey Creek	Fort Myers	2013	4,098	\$2,495,000	\$2,300,000	131
Caprini	Miromar Lakes	2006	3,126	\$1,950,000	\$1,850,000	8
Navona	Miromar Lakes	2014	2,549	\$1,250,000	\$1,232,000	74
Whiskey Creek	Fort Myers	1971	3,800	\$1,100,000	\$965,000	58
Pennyroyal	Bonita Springs	1997	3,405	\$849,000	\$825,000	199
Dunes Sanibel Island	Sanibel	1977	2,380	\$779,000	\$705,000	869
Cypress Cove	Estero	2002	3,021	\$779,000	\$775,000	14
Savona	Fort Myers	2015	2,664	\$774,695	\$740,000	157
Sanibel Highlands	Sanibel	2004	1,946	\$625,000	\$600,000	16

Courtesy of Royal Shell Real Estate

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*RS 3/13 CC TFN

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*NS 9/4 NC TFN

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*NS 5/29 CC TFN

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Live on the Island and looking for PT work 1-2 days per week. Flexible schedule. Call 472-4886.
*NS 9/4 BM TFN

VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.
*NS 7/11 NC TFN

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*NS 9/11 CC TFN

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Full Time Vacation Reservations Agent â€œ Must be familiar with Sanibel & Captiva Islands. Candidate should possess good communication skills, computer knowledge; Excel and Word proficient and like working with people. Excellent compensation package based on Vacation Rental experience. Respond only by Fax to 239 437-7543 or email to DSchuldenfrei@VIPRealty.com
*NS 9/4 CC TFN

LEGAL NOTICE

NOTICE OF FILING PETITION FOR DIVORCE

To WEBBS C. BELVAL:

Pursuant to an *Order for Publication* signed by the Honorable Brian J. Amero on the 9th day of July 2015, you are hereby notified that a *Petition for Divorce* has been filed in the Superior Court of Henry County, Georgia, Case No. SU-CV-0821-BA, on March 13, 2015 a *Petition* which seeks to obtain a divorce from you. You may obtain a copy of this *Petition* from the Clerk of Superior Court of Henry County, One Courthouse Square, McDonough, Georgia 30253, 770-288-8022.

After you review the *Petition*, you must file your written answer and objections to the *Petition* with the Clerk of Superior Court. You must also serve a copy of your answer upon the Petitioner, whose address is as follows: Barbara Exil, 1255 Labonte Pkwy, McDonough, GA 30253.

Your answer must be made within sixty (60) days of the *Order for Service by Publication*.

Signed this June day of 15, 2015 by Barbara A. Harrison, CLERK, Superior Court of Henry County, Georgia
*NR 9/11 CC 10/2

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*NS 9/18 NC 9/18

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift

it out of the water – and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



SANIBEL BICYCLE CLUB

		5			2		9	
	6			8		5		
3			6					7
1			5					9
	4				7		1	
	9	8		4		6		
		1		5			2	
	8				9			3
7			1			9		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Pet Bio Name: Maxwell ID# 629720
Breed: Boxer Mix Sex: Neutered
Male Age: 1 1/2 Years Old Color: Black & White. I'm a great dog! Some of my exceptional qualities are: I'm loaded with personality and charm, I adore people and other dogs, I walk well on a leash, know my basic commands and I'm a handsome boy. All I'm lacking is you!
Adoption Fee: \$10 (regularly \$75) during Animal Services' "Fall In Love" Adoption promo.



Maxwell ID# 629720

Pet Bio Name: Emilia ID# 629041
Breed: Domestic Shorthair Sex: Spayed
Female Age: 5 Months Old Color: Tortie. I like to give attention and love when I get some back. I'm also easy-going but playful and they tell me I'm "just the cutest thing!" I sure hope that will help get me a home soon. I've been at the shelter half of my life so I'm ready for my forever home.



Emilia ID# 629041

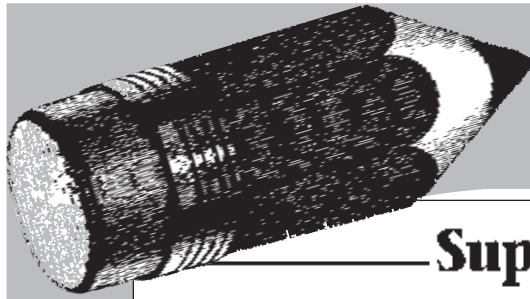
Adoption Fee: \$10 (regularly \$75) during Animal Services' "Fall In Love" Adoption promo. Cats & kittens are also two for one adoption fee!
For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.
All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.
The adoption package is valued at \$500.*



Emergency.....	911
Lee County Sheriff's Office.....	477-1200
Florida Marine Patrol.....	332-6966
Florida Highway Patrol.....	278-7100
Poison Control.....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce.....	332-3624
Foundation for Quality Childcare.....	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library.....	463-9691
Lakes Regional Library.....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau.....	338-3500
ARTS	
Alliance for the Arts.....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers.....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre.....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light.....	334-2999
Florida Repertory Theatre at the Arcade.....	332-4488
Florida West Arts.....	948-4427
Fort Myers Symphonic Mastersingers.....	288-2535
Gulf Coast Symphony.....	489-1800
Harmony Chorus, Charles Sutter, Pres.....	481-8059
Naples Philharmonic.....	239-597-1111
The Schoolhouse Theater.....	472-6862
SW Florida Symphony.....	418-0996
Theatre Conspiracy.....	936-3239
Young Artists Awards.....	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight.....	1-877-4AN-ANGEL
Animal Refuge Center.....	731-3535
American Business Women Association.....	357-6755
Audubon of SWFL.....	339-8046
Audubon Society.....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society.....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees.....	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter.....	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy.....	728-3743
Friendship Force Of SW FL.....	561-9164
Garden Club of Cape Coral.....	239-257-2654
Horticulture and Tea Society.....	472-8334
Horticultural Society.....	472-6940
Lee County Genealogical Society.....	549-9625
Lee Trust for Historic Preservation.....	939-7278
NARFE(National Active & Retired Federal Employees.....	482-6713
Navy Seabees Veterans of America.....	731-1901
Paradise Iowa Club of SWFL.....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association.....	561-2118
Kiwanis Clubs:	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison.....	694-1056
Fort Myers South.....	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor.....	482-0869
Lions Clubs:	
Fort Myers Beach.....	463-9738
Fort Myers High Noon.....	466-4228
Estero/South Fort Myers.....	898-1921
Notre Dame Club of Lee County.....	768-0417
POLO Club of Lee County.....	477-4906
Rotary Club of Fort Myers.....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County.....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home.....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates.....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium.....	321-7420
JN "Ding" Darling National Wildlife Refuge.....	472-1100
Koreshan State Historic Site.....	239-992-0311
Langford Kingston Home.....	239-334-2550
Ostego Bay Foundation Marine Science Center.....	765-8101
Skatium.....	321-7510
Southwest Florida Historical Society.....	939-4044
Southwest Florida Museum of History.....	321-7430
True Tours.....	945-0405

To be listed in calling card email your information to: press@riverweekly.com



BEACH CHAIR PASTIME

answers on page 25

Super Crossword

DISORDERLY
NEW YEAR

ACROSS

- 1 Not live, as a TV show
6 Flight in a building
12 Nature lover's prefix
15 Service station fixture
19 Old Olds brand)
20 Chicken of (tuna brand)
21 Digressions
23 "The Cosby Show" wife
24 Wild-animal tracking aid
25 Tree-planting observance
26 Try to find a figure of a person carved in oak?
29 Goad
30 Architect I.M. —
31 Ending of sugar names
32 Key next to F1
33 Chou En
36 Avid fan of German computer programs?
42 — effect on (impacts)
44 Divine being
45 Compass bl
46 Singer Paula

- 47 Junst's org.
48 Really bug
51 One libbing
54 R&B producer
56 Ballena's jump
57 Promoter of Texas
62 Foot support
63 "That's show —"
64 Butte's kn
65 Pl. of SSN
66 Not lonest
68 Sound of rebuke
70 Zsa Zsa's sister
73 Rel evable
77 It's south of Can.
79 Eyes a bull's-eye, say
83 Fess (up to)
85 "OI — I Sing"
86 Hapless thugs caught in the rain?
91 Prioritize
93 Mauna
94 Sweet-talk
95 Like Bashful
96 Writer Harper —
97 French ecclesiastic

- 99 Drama part
101 Newton
103 Active types
105 Nonlocals visited by ghosts?
111 Mil. bigwig
112 Viral gene material
113 Light blow
114 Myrna of film was
115 "... extra cost?"
118 New year of which there are five anagrams in this puzzle
124 More cerie
126 Liken
127 Buenos
128 Promoter of the top of a Web page
129 Sled feature
130 "Johnny B. " (1956 hit song)
131 Abbr. before "D.A."
132 Sullivan and O'Neill
133 Detects
134 Pitch-dark

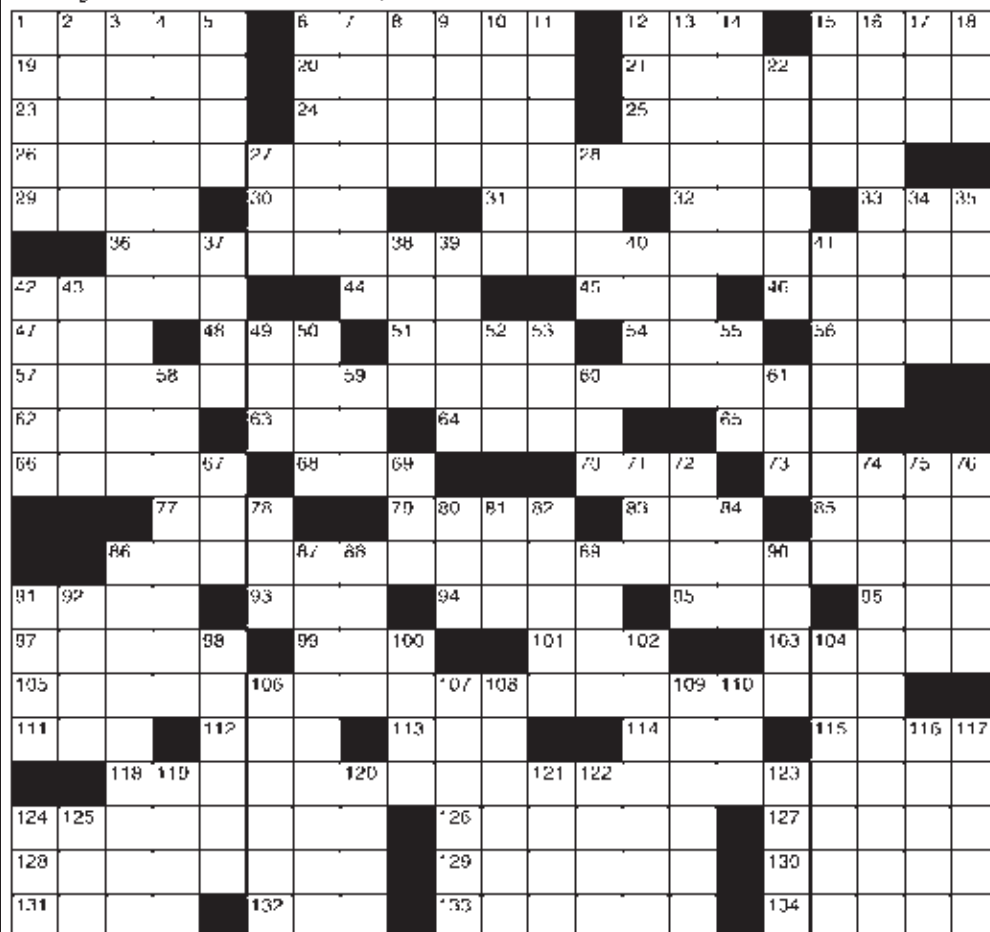
DOWN

- 1 RPM gauges
2 "To sum it —"
3 Option for pad thai

- 4 African republic
5 Tim Conway's "— on Golf"
6 Audio system
7 Deicing
8 Sock y designed
9 "What — be done?"
10 Learn about via print
11 Most sapient
12 LGA guesses
13 Period after Ford's presidency
14 Safety at first or second
15 Lima's locale
16 Not cuped
17 NYC bus insign a
18 Ops
22 "You tel for it!"
27 Choose, with "for"
28 The atest
34 "What are you, some kind of —?"
35 Not in use
37 Army squad
38 By oneself
39 Hatred
40 "Not likely!"
41 Disapprove of

- 42 Responses to guns
43 End a mission early
49 Lowe of "Breakaway"
50 Purl's partner
52 Munched
53 ipsa loquutor
55 Beetles and Golfs, briefly
58 Striveled up
59 Shh —
60 Singer Carly — Jepsen
61 With 119-Down, "Absolute not!"
67 Bounced check abbr.
69 Creek letter
71 Wedding part
72 Blows away
74 Egg yolks are high in it
75 "Napoleon Dynamite" star Jon
76 Positive RSVPs
78 ISP of note
80 Mag with an annual "500"
81 "Little Red Book" author
82 Work crew
84 Utmost
86 Loosens, as some shirts

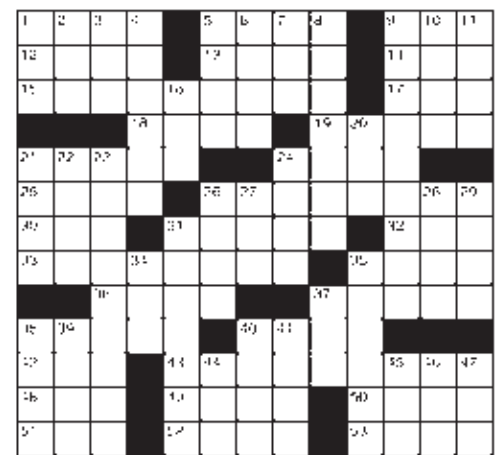
- 87 Future path
88 Saltillo snack
89 Take off
90 Jekyll's antithesis
91 School cheers
92 All that and — of chips
98 Hit from a '02 Down
100 Ballena's suit
102 Links peg
104 Formal la k
106 Not parka
107 Electroshock weapons
108 Not transparent
109 Romantic hopefuls
110 Big Apple sch.
116 "— rem nd you that ...?"
117 Advent
119 See 61 Down
120 Municipal laws, Abbr.
121 U.S. Senate alumnus Sam
122 Manno and Rainer
123 Prego nval
124 Fed. loan agency
125 Mas' mates



King Crossword

ACROSS

- 1 Eastern potentate (Var.)
5 Musical symbol
9 Do some sawnwork
12 Scoop holder
13 Verdi opera
14 Indivisible
15 New yweds' rip
17 "— Town"
18 Acute
19 Feel
21 Mad son Avenue types
24 Marshy tracts
25 Suitable
26 Horse-drawn carriage
30 Yoko of music
31 Top of a wave
32 "— Got a Secret"
33 Army pigwigs
35 Soon, in verse
38 Crazy bird
37 Mix
38 Kaki fabric
42 Calf meat (Fr.)
42 Tatter
43 The Who drummer



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1275 Drenched
1276 Use a rotary phone
1277 Saxophone range
1278 Ordinal suffix
1279 "Born

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